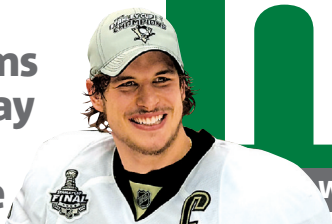


Crosby confirms birthday Cup parade



The world's largest global newspaper

metro

WEDNESDAY, JULY 29, 2009

metro

Travolta denies ditching his religion

pg 18

SPCA urges public to adopt strays

ANIMALS The Nova Scotia SPCA metro shelter is bursting at the seams with over 200 animals, and is asking the public for help.

The shelter, located in the Burnside Industrial Park, currently houses 146 kittens and cats, 53 dogs, and one rabbit—a group whose demands the SPCA says can't be met.

"I am personally urging people to adopt," said Nova Scotia SPCA president Sean Kelly. "Not only will you save the life of the animal you adopt, but also the life of the animal taking its place in the shelter."

In a release yesterday, the SPCA said it's discontinuing its adoption fee policy on adult cats in the shelter for more than three weeks in the hopes more people will adopt.

Metro SPCA shelter director Sandra Flemming said in a release, "Dozens of phone calls (are) coming in each day with people look to bring in both owned and stray animals." **METRO HALIFAX**

Sports pg 9

Moosehead prepared for under-18 camp

Travel pg 15



Get a taste of museum fare

Cooling off **More sunny days ahead**



Maryella Powers and her six-year-old son Quinn cool off amid yesterday's humid weather at a north-end Halifax waterpark. Today's forecast calls for more sunshine with a high temperature of 27 C.

Renewable energy target bumped up

PAUL MCLEOD
paul.mcleod@metronews.ca

POWER The NDP has bumped up renewable energy goals but say this is unrelated to Nova Scotia Power and its apparent struggle to meet deadlines.

The Progressive Conservative government set the goal for 25 per cent of Nova Scotia's energy to come from renewable sources by 2020. Yesterday the NDP moved that up to 2015.

But questions abound over whether NSP will meet its 2010 deadline of five per cent renewable energy above 2001 levels (about eight per cent), especially after the Utility and Review Board declined a request to its proposed \$1-billion 25-year biomass project this month.

NSP could be subject to fines of up to \$500,000 per day if it doesn't meet demands. It says currently about 12 per cent of its energy comes from renewable sources.

The new 2015 goal by the province will not change renewable standards.

"I know that some people are trying to tie the two together," said provincial environment spokesman Ross McLaren. "The two issues are separate. Our 2015 target is a longer goal."

To reach its new target, the government has asked Dalhousie University's David Wheeler to consult with involved parties and a report will be issued at year's end.

Accused identified

Charges against parents may be upgraded after baby's death

KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

Ashiqur Rahman and Jane Gomes, both 23, will be escorted into Halifax provincial court this morning to face charges in relation to the suspicious death of their seven-week-old daughter last week.

Halifax Regional Police made their names public yesterday, adding the two parents are each accused of aggravated assault, though those charges could be upgraded. Their daughter died of her injuries Monday night at Halifax's IWK Health Centre.

Police were abiding by the Children and Family Services Act when they declined to release names after the suspects were charged Saturday, said spokeswoman Theresa Rath. "We could not name the child or anything else that could possibly identify that child."

Now that the infant has died, Rath said, "the act is no longer applicable."

Rath said the investigation into the case of alleged child abuse requires "extensive consultation with both



Ashiqur Rahman Jane Gomes

the medical examiner and the public prosecution service."

Bob Trenaman said when he decided to rent a room at 2179

Gottingen Street to the couple, "there was no visible sign that she was pregnant."

About two weeks later, he said, tenants started complaining a crying baby was waking them up at night.

When he stopped by to check on the couple, he said Rahman promised noise "won't be a problem." Susan LeForte, advocacy

Background

- Several sources say the couple is from Bangladesh and had studied computer science at Acadia University in Wolfville. They were also said to be dreaming of starting a software business.

co-ordinator for the Halifax Coalition Against Poverty, said people shouldn't be quick to judge the family.

LeForte said she heard that a public health nurse had visited the couple regularly, but wondered: "What happened with the support systems that should have been in place?"

GREECE
5000
years
old

GREECE A MASTERPIECE YOU CAN AFFORD

www.visitgreece.gr

MINISTRY OF TOURISM - GREEK NATIONAL TOURISM ORGANISATION

Cape Breton Regional Police were investigating an attempted armed robbery at the Needs convenience store on George Street in Sydney early yesterday morning. Police say the man entered the store at about 4:30 a.m. demanding money, but left empty-handed. **METRO HALIFAX**

Police investigate store robbery



Mic Mac Mall,
this is the best day
of my life!

RCMP on hunt for gunplay suspects

ALY THOMSON
for Metro Halifax

CRIME A bullet was fired into the air in Eastern Passage Monday night.

Halifax RCMP say at about 11:30 p.m., three to four males were breaking into a car on Shore Road when a resident saw what they were doing and yelled from a distance for them to stop.

Police say one of the suspects then yelled back, making threatening remarks. The suspect is then alleged to have taken out a shotgun from his car and fired one shot into the air.

Halifax RCMP spokesman Cpl. Joe Taplin said

"Firearms are always extremely dangerous."

RCMP Cpl. Joe Taplin

yesterday residents should try to refrain from involving themselves in situations like this.

"Firearms are always extremely dangerous," Taplin said. "The RCMP is strongly suggesting any individuals who see suspicious behavior to call the RCMP right away."

Police say the suspects fled the scene in a dark-coloured Honda Civic.

There were no injuries and no damage done to the car.

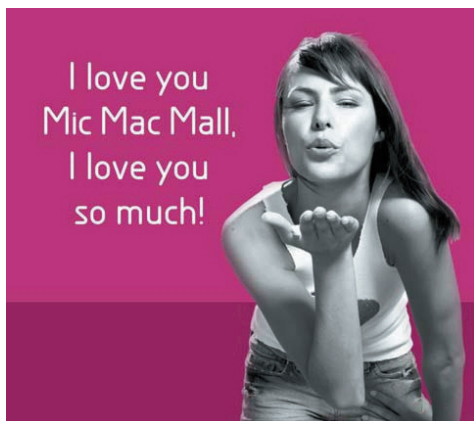
News in brief

INJURY A Halifax Regional Police officer escaped injury after being struck on the arm by the mirror of a van after the driver of the vehicle refused to stop. Police say the officer tried to stop the van on Jarvis Lane in Halifax Monday at about 6 p.m., but the driver kept going and struck the officer.

DRUGS A 32-year-old woman has been arrested and is to appear in court at a later date after police say drugs were seized at a residence in Cole Harbour yesterday. Halifax

RCMP say about 100 grams of crack cocaine, 200 grams of marijuana and various drug paraphernalia was seized.

THEFT Halifax Regional Police arrested two men just before midnight Monday after they allegedly stole a number of video games from a Blockbuster store on Tacoma Drive in Dartmouth. Police say they stopped two men near Main Street and recovered the items. The two men, both 38, were scheduled to appear in court yesterday. **METRO HALIFAX**



I love you
Mic Mac Mall,
I love you
so much!

Local

Dexter wraps up St. John's trip

Nova Scotia Premier Darrell Dexter wrapped up his attendance yesterday at the second annual Southeastern United States - Canadian Provinces Alliance conference that took place over three days in St. John's. According to a government release, the premier's focus at the conference was "on building relationships and support for a collaborative effort on issues important to Atlantic Canadians."

METRO HALIFAX



Cole Harbour's Sidney Crosby, shown here with the Stanley Cup at a parade in Pittsburgh in June, will be bringing hockey's top prize to the HRM on Aug. 7.

Stanley's coming to town

Crosby to bring hockey's holy grail to HRM on his birthday

PAUL MCLEOD
paul.mcleod@metronews.ca

It's official - Sidney Crosby is bringing Lord Stanley's mug to HRM on his birthday.

As first reported last week in Metro, Crosby will host a Cole Harbour parade with the Stanley Cup on Friday, Aug. 7, the day he turns 22.

"I am very excited to bring the Stanley Cup back to Cole Harbour," Crosby said in a release.

"People from home have been so supportive of me since I was a youngster playing at Cole Harbour

Place. I want as many people as possible to be part of this day."

The parade will begin at 2:30 p.m. at the Portland Hills bus terminal and head down to Cole Harbour Place. It'll be similar to the celebrations that took place two years ago when Joe DiPenta brought the Stanley Cup to Cole Harbour — only bigger.

"We've heard numbers of 40,000," said committee chair Paul Mason.

"We're prepared for that. We've been working with the RCMP, the Halifax Regional Police, HRM. We're prepared for those numbers — we're prepared if it

Did you know?

- Two other Halifax-area NHLers have recently won the Stanley Cup. Cole Harbour's Joe DiPenta did it in 2007 with the Anaheim Ducks and Halifax's Wendell Young did it in 1991 and 1992 with the Penguins.

gets bigger."

People will have a chance to get their picture taken with the Cup. But due to the overwhelming demand, a special draw will take place for 87 people to get their picture taken with the Cup and Crosby by himself.

Ballots for the draw come with the purchase of a limited edition poster. All proceeds from the sales go to charity through the Sidney Crosby Foundation.

"Any money you spend there is 100 per cent going to charity," Mason said. "If you bought a hot dog, 100 per cent is going to charity."

An undetermined band will also be playing at the event. Minor hockey associations will be sending Timbit hockey players to participate in ground hockey games, with Crosby possibly taking part. He will also have a Q&A session with fans.

Province writing off \$10.2M

FINANCES The province announced yesterday it is writing off \$10.2 million in bad debt.

The unpaid debts were deemed uncollectible or not worth the expense of hunting down.

The biggest chunk came from a \$5-million write-down under the Industrial

Expansion Fund to "better reflect the market value of the Trenton Works facility," according to a finance department press release.

Another \$2.4 million in unpaid student loans was written off.

Finance Minister Graham Steele said in the press release governments

writing off debt is not unusual.

"Write-offs are a normal part of doing business and this is routine accounting for the 2008-2009 fiscal year," he said. "All of the decisions underlying these write-offs were made under the previous government."

METRO HALIFAX

metronews.ca

WHAT'S ONLINE TODAY

Video Canadian astronaut Julie Payette says goodbye to space station and begins trip back to Earth at

metronews.ca/canada



Group questions Feds on workplace safety commitment

The Public Service Alliance of Canada issued a release yesterday questioning the federal government's commitment to workplace safety in regards to its decision to relocate Cape Breton's last remaining Labour Affairs Office to Dartmouth. **METRO HALIFAX**

Mentors help students appreciate hard work

Spring cleaning business gives kids a chance to learn, earn

SunnySide

HILARY BEAUMONT
for Metro Halifax

Five high school students and their two mentors are pressure washing and painting properties around HRM this summer.

James Willies and Dan Allen, both in their early 20s, are teaching the teens from Halifax West and Citadel High schools the value of hard work — both inside and outside of school — with a new business called Students For Spring Cleaning.

"We're trying to build a business to help out the kids," said Willies, a Saint Mary's University business student. "We're trying to teach them some responsibility."

Allen explained the teens have a lot of potential, but need positive role models.

"These kids are not bad kids," said Allen, a recent Saint Mary's finance graduate. "Their friends are doing drugs and breaking in and causing trouble. We're just trying to set an example for them so they can set an example for their other friends."

Since they started the business in April, the two entrepreneurs have played the roles of big brothers. They teach the teens how



James Willies (from left), Tommy Falkenham and Dan Allen show off their yard work skills at a Halifax home yesterday. Willies and Allen are the managers of Students for Spring Cleaning and take an active interest in improving their employees' grades in high school.

to study, surf and "get girls," Willies said, laughing.

"We have one kid, his name is Tommy," Willies said with a serious tone. "Tommy was under the weather for physics. And he went from a 32 to like a 96. It was awesome. We told him how to study. Gave him some pointers. Threatened to kick him out of the company if he didn't pull

up his socks. Then he came back with this test and his parents were stoked."

Willies, who began his own skim boarding company at 14, said he wants the kids to learn to make the right decisions.

"Everybody has the opportunity to do very well for themselves," Willies said.

All profits from the company go back to the kids.

Allen said it keeps them motivated to grow the business.

"Say we have \$500," Allen said. "We don't say, 'Hey, we want to take you guys surfing.' We have a meeting and say, 'What do you guys wanna do?'"

And what do they usually say?

"They say, 'Let's go surfin','" Willies said, laughing.

Amherst gets most votes in TSN contest

CAMPAIGN The Cumberland YMCA in Amherst received the most votes among the 20 finalists in the recently completed TSN/Kraft Celebration Tour 10 in 10 contest.

For a 24-hour period between July 23 and 24 the Cumberland YMCA racked up 168,217 votes in an online campaign, handily defeating the Mic Mac Amateur Aquatic Club in Dartmouth to become the Nova Scotia stop on the tour. The Mic Mac club garnered 45,437 votes.

TSN's SportsCentre will broadcast live from the Cumberland YMCA Aug. 29 at 7 p.m. Jay Onrait and Dan O'Toole will host.

The Cumberland YMCA will also receive \$25,000 in upgrades from Kraft Canada.

AMHERST DAILY NEWS

Wilcox's testimony attacked

TRIAL The prosecution called Cpl. Matthew Wilcox's testimony "evasive, contrived and self-serving" in a closing address yesterday to a four-member military panel, in which it asked the panel to render a guilty verdict on all charges including the most serious, manslaughter.



Cpl. Kevin Megeney

Wilcox, 24, has pleaded not guilty to charges of

manslaughter, criminal negligence causing death and negligent performance of duty in the March 6, 2007 shooting death of Cpl. Kevin Megeney in a tent on the Kandahar Airfield base in Afghanistan.

Megeney, a Stellarton, Pictou County native, shared a tent with Wilcox, and Wilcox himself told the court he considered Megeney his closest

friend on tour in Afghanistan.

During testimony Monday, Wilcox said that he could hear a Browning nine-millimetre pistol being cocked behind him in his tent while he was taking off his gear following a 12-hour shift at Kandahar Airfield's main gate.

He glanced back to see the barrel of a pistol pointed at his back and his "instinctive reaction" was to fall back, ready his pistol and shoot. **CAPE BRETON POST**

Province's EI claims jump 21% from last year

STATSCAN The number of Nova Scotians seeking Employment Insurance is up 21 per cent from May of this year to last, according to Statistics Canada.

The number has also increased in the province

from 32,450 to 33,130, for 680 people or 1.8 per cent, in April to May of this year.

The biggest increase over the last year has come from Alberta where EI claims have risen 236 per cent. The province has also seen

an increase of 17 per cent from April to May of this year. Overall, Canada is on a steady incline, seeing an increase of 66 per cent in the past year and nine per cent from this past April to May. **METRO HALIFAX**

Thank you
Mic Mac Mall,
thank you,
thank you!



Dal tries to help students avoid flu

Flu Outbreak

ALY THOMPSON
for Metro Halifax

HEALTH Dalhousie University students are being suggested to hold back on their hormones and greet each other for the new school year one metre apart in the hope to avoid getting Influenza A (H1N1), also known as swine flu.

While not an official campaign, Dalhousie's director of environmental health and safety Ray Ilson said the university will be advising students this fall to avoid things like hand shaking, hugging, or kissing, to hold meetings over the phone and to keep at a one-metre distance when meeting in person.

"The university wants to take all precautions," Ilson told Metro.

Posters are being placed around the school outlining their specific suggestions and tips on how to stay healthy and to avoid the swine flu. He also said

fresh packs will include information about the virus and ways to avoid it.

Ilson said a "flu" website is also in the works for the Dalhousie website, and will serve as a hub of swine flu information.

Blake Patterson, a spokesman with Saint Mary's University, said they have already developed a website to "facilitate the flow of information" on H1N1. Patterson said the website provides information on proper hand washing, and is regularly updated with health notices from the Nova Scotia Department of

Health.

Patterson added Saint Mary's hasn't made the same suggestions to their new and returning students as Dalhousie, but it is not out of the question.

"It is certainly something that we will be in discussions about," Patterson said.

Brian Jessop, vice-president of administration at Mount Saint Vincent University, said its school will be mirroring other universities and offering general information to its students.

H&M

Open August 13
at Noon

MIC MAC MALL

The lawyer for an 18-year-old accused of murdering three sisters and his father's first wife says his client has been attacked by jail inmates, CBC News Online reports. Hamed Mohammad Shafia — charged with his father and mother — got a rough welcome from prisoners at a jail near Kingston, Ont. **METRO NEWS SERVICE**

Teen charged in killings gets rough welcome in jail

Canada



A cold reception

The federal government's new firm strategy for Canada's North may be just political posturing, an expert suggests. CBC News Online reports Michael Byers of the University of British Columbia says the strategy offers few new initiatives.

METRO NEWS SERVICES

Newspaper's act of contrition

Apology made to Harper for story that sparked furor over Communion wafer

The saga of the missing holy host now has a sequel — a confession.

A New Brunswick newspaper has issued a contrite apology to Stephen Harper for a story that suggested the Prime Minister slipped a Communion host in his pocket during a Catholic funeral mass.

The July 8 story — denounced by Harper as a "low point" in Canadian journalism — sparked criticism that he had disrespected the Catholic faith.

But the Telegraph-Journal, based in Saint John, yesterday disavowed the tale, saying it "sincerely apologizes" to Harper "for

the harm this inaccurate story has caused."

In a rare front-page apology, the newspaper said the story "should not have been published."

"We pride ourselves in maintaining high standards of journalism and ethical reporting, and regret this was not followed

in this case," the newspaper said.

The newspaper also apologized to the two reporters who wrote the story, exonerating them.

With the apology came a shake-up — a spokesperson for the newspaper confirmed that editor Shawna Richer and publisher

James Irving, a scion of the Irving family empire, were "no longer serving in those capacities."

The fuss started July 3 when Harper attended a state funeral for former governor general Roméo LeBlanc in Memramcook, N.B.

TORSTAR NEWS SERVICE

"We pride ourselves in maintaining high standards of journalism and ethical reporting ..."
Telegraph-Journal

Schreiber: I'm going nowhere

INQUIRY A relaxed Karlheinz Schreiber says he's optimistic he'll die an old man in Canada before he's ever extradited to Germany to face a number of charges, including corruption.

The 75-year-old appears to have made a full recovery from recent gall bladder surgery that sidelined him during the public inquiry into his business dealings with former prime minister Brian Mulroney.

Schreiber said last week he'll use every legal means at his disposal to avoid being extradited — insisting

that if he were tried in Canada on the charges he faces in Germany, the case against him would be thrown out.

The ex-PM's case

- Brian Mulroney has admitted taking \$225,000 from Schreiber but says he violated no federal ethics rules.
- He says his lobbying was confined to foreign leaders.

Olipphant has until Dec. 31 to deliver his report.

Schreiber says he paid Mulroney \$300,000 to lobby for a Thyssen AG project. He claims the deal was struck just before Mulroney stepped down as prime minister.

TORSTAR NEWS SERVICE

Edmonton The eyes of a zombie



Zombie Brent Felzien was out at the TransAlta Arts Barn yesterday to help promote the upcoming International Fringe Festival, running from Aug. 13 to 23 all across Edmonton.

Harper losing key aide, Tenenckye

POLITICS Kory Tenenckye is stepping down as Stephen Harper's director of communications.

His tenure has been marked by a federal election, a showdown between the Conservatives and the opposition and a global recession.

"It's a great experience, a great job, something I'll always think fondly of, but I do very much believe these are things you do for a period of time, not for a long time," said Tenenckye, 35.

"I'm looking forward to doing something else."

He said he will remain in the job for a while yet but suggested a replacement would be named in time for the return of Parliament in September.

"It was a natural time for transition," he said.

He says his next job will keep him in Ottawa, but he declined to say what it is. He also declined to say who will be filling the job as Harper's main spokesperson.

TORSTAR NEWS SERVICE

DID DIARRHEA GET YOU?

ENTER FOR YOUR CHANCE TO

WIN

\$5,000

TO RE-CREATE A MOMENT RUINED BY DIARRHEA

SECONDARY PRIZE WINNER WILL RECEIVE \$300 CASH

Has an unstoppable bathroom emergency hit you when you least expected it? Tell us your most unforgettable diarrhea mishap for a chance to WIN.

(your story must be min 50 to max 100 words)

See inside Wednesday's Metro for this week's top diarrhea disaster

Submit your story today at metronews.ca

Imodium

metro

No purchase necessary. One entry per person. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes August 26, 2009 at 11:59 pm. Odds of winning depend on number of entries received. For full contest rules and details visit www.metronews.ca

Ponzi suspect freed on \$30,000 bail

MONEY Financial adviser Earl Jones spent just one night in jail and is now free on \$30,000 bail.

Jones is accused of defrauding up to 200 investors of between \$30 million and \$50 million in what Quebec's financial securities regulator believes was an intricate Ponzi scheme.

He appeared in a Montreal courtroom yesterday.

Jones, 67, did not enter a plea, but his lawyer indicated he'd plead not guilty.

Head slightly bowed, Jones peered at no one and kept his eyes shut for long periods.

Prosecutors said he must give up his passport.

When it was announced he must "not manage other people's money," chuckles rang out.

TORSTAR NEWS SERVICE



Financial adviser Earl Jones is rushed out of the courthouse in Montreal yesterday.

Mother-to-child transmission of swine flu reported

Thai health officials said yesterday that a baby had been born in Thailand with influenza A (H1N1), also known as swine flu, having contracted the virus while still in the womb. **REUTERS**

5

World

Brainwashed boys rescued from Taliban

Pakistani security forces fighting Taliban militants in and around the Swat Valley have rescued nearly a dozen boys who were brainwashed into becoming suicide bombers, officials say.

A senior security officer in North West Frontier Province said nine boys were found during raids, while two more had voluntarily surrendered, and an army commander in Swat spoke of more being handed over by their families.

"They have been brainwashed in such a way that they even call their parents infidels," Bashir Bilour, senior minister in the provincial government, told

Deadly attack

• Yesterday, a suicide bomber rammed his car into a security checkpoint in North Waziris-

tan's tribal region in Pakistan, killing one soldier and wounding two, officials said.

Reuters.

Bilour said the boys were shown films about oppression of Muslims in the Palestinian Territories and Indian-held Kashmir, and were given purported religious instructions to convince them that they would go to heaven if they killed enemies of Islam.

Brig. Tahir Hameed, an officer leading military operations in Mingora, Swat's main town, said the Taliban had forced many families to

let them take their boys.

He said some had since returned to their parents, who in turn handed them over to the authorities because of their brainwashed state.

The government was working out how to rehabilitate the boys, aged between nine and 18.

The Taliban has regularly claimed responsibility for suicide attacks carried out by boys both in Pakistan and Afghanistan. **REUTERS**

Spain Web party



People surf the web during the annual "Campus Party" Internet users gathering yesterday in Valencia, Spain. The party is a 13-year-old event where people from several countries share experiences related to computers and communications. More than 6,000 Internet users turned their computers on at midnight yesterday to kick off the week-long gathering.

News in brief

JACKSON Las Vegas police searched the home of Dr. Conrad Murray, Michael Jackson's personal doctor, yesterday as the probe into the star's sudden death increasingly appeared to focus on whether the physician gave him drugs before he died. A U.S. Drug Enforcement Agency spokesman declined to say specifically what agents were looking for, but numerous reports have said that the probe into the cause of the singer's June 25 death has focused on Jackson's use of the powerful anesthetic propofol. **REUTERS**

Dozens missing in shipwreck

SEARCH Up to 79 Haitian migrants were missing and more than 120 were rescued after their wooden boat hit a reef and sank off the Turks and Caicos Islands, local police and the U.S. Coast Guard said yesterday.

The Coast Guard said nine bodies had been located so far in the waters off West Caicos, a sparsely inhabited island in the British territory, following the shipwreck.

Turks and Caicos police

spokesman, Sgt. Calvin Chase, told Reuters the ship was bound for the United States when it sank late Sunday. It was unclear how many people were on board the vessel, but estimates given earlier by the Coast Guard ranged from 160 to 200.

Haitian migrants often leave their impoverished Caribbean country in dangerously crowded boats, hoping to escape poverty and find work in the Bahamas or Florida. **REUTERS**

GUARANTEED LOWEST LONG DISTANCE RATES FROM YOUR HOME OR CELL!

No Matter Where you call, or What Rate You Pay
Comwave Will Beat it... **Guaranteed!**

(EVEN FROM YOUR CELL PHONE!)

	Australia.....	2.9 ¢
	Bangladesh from...	3.9 ¢
	Colombia from...	3.9 ¢
	Guyana.....	27.9 ¢
	India.....	5.9 ¢
	Iran from.....	3.9 ¢
	Israel.....	2.9 ¢
	Lebanon	9.9 ¢
	Nepal from.....	7.9 ¢
	Saudi Arabia from...	3.9 ¢
	Sri Lanka.....	11.9 ¢
	Trinidad.....	7.9 ¢
	U.A.E.....	16.9 ¢
	U.S.A.....	2.9 ¢
	U.K.....	2.9 ¢

	CUBA 85 ¢/min
	PAKISTAN 5.9 ¢/min
	PHILIPPINES 11.9 ¢/min



COMWAVE GUARANTEES YOU THE LOWEST RATES TO CALL ANYWHERE IN THE WORLD, FOR LIFE. SO EVEN IF YOU'RE PAYING LESS THAN OUR ADVERTISED RATES, CALL TODAY AND WE'LL BEAT IT... **GUARANTEED!**

The Comwave Bundles

UNLIMITED CANADA BUNDLE

Limited Time Offer!
UNLIMITED
Calling to
Anywhere in
CANADA
\$5 /month

THE GLOBAL BUNDLE

CALL OVER 20 COUNTRIES

only **1¢** /min

\$10 /month = 1000 Minutes per Month = **1¢** /min

Argentina Belgium Brazil Canada China Denmark France
Germany Hong Kong Ireland Israel Italy Mexico Poland
Portugal Russia Singapore Spain Sweden UK USA

If you're paying less with your current provider,
call us and we'll beat it... **GUARANTEED!**

Comwave will remain open
Monday August 3rd For your Convenience

1-866-519-8090



WWW.COMWAVE.CA

LONG DISTANCE: COMWAVE GUARANTEES TO MATCH OR BEAT YOUR RATE TODAY AND TOMORROW. RATE GUARANTEE IS BASED ON COMPETITOR'S LOWEST ADVERTISED RATE OR WRITTEN QUOTE FOR LINE SERVICE. TERMS AND CONDITIONS APPLY. PLEASE SEE WEBSITE WWW.COMWAVE.CA FOR DETAILS. CALLS TO COUNTRY ARE BILLED AT A VARIETY OF RATES. THE COMWAVE GLOBAL BUNDLE DOES NOT INCLUDE CALLS TO COUNTRIES: ARGENTINA, BELGIUM, BRAZIL, CANADA, CHINA, DENMARK, FRANCE, GERMANY, HONG KONG, IRELAND, ISRAEL, ITALY, MEXICO, POLAND, PORTUGAL, RUSSIA, SINGAPORE, SPAIN, SWEDEN, UK, USA. COMWAVE WILL BEAT YOUR CURRENT RATE. CALL TODAY AND WE'LL BEAT IT... GUARANTEED! APPLY SEE WWW.COMWAVE.CA FOR DETAILS. WE'LL COMWAVE STRIVES FOR ACCURACY IN OUR ADVERTISING. COMWAVE RESERVES THE RIGHT TO CORRECT ANY ERROR IN PRICING OR INFORMATION AT ANY TIME.

HALIFAX

Publisher, Greg Lutes
Managing Editor, Philip Croucher

Sales Manager, Dianne Curran
Distribution Manager, April Doucette

METRO CANADA

Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mktg Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

How can you sequester free speech?

TheWestView



metronews.ca/thewestview

I'm not sure if it's safe to ask, but I have a question. It's directed at "they," that bunch in charge of Vancouver's 2010 Winter Olympics.

Don't get me wrong. I love watching skaters whiz by, blades flashing across

the ice, in pursuit of the puck, a world record or a triple Axel.

Basically, I'm happy the world's greatest winter athletes will assemble here in Vancouver in approximately 200 days.

But if I was a sworn critic of the Games — and there are plenty — I'd have legitimate cause to protest. These Games are a mixed blessing: They cost at least \$6 billion when all levels of government are pressed to pay for basics like health care, and they require immense patience from We

Rabble, as we are endlessly rerouted and otherwise inconvenienced in preparation for the events, which come and go over a mere two weeks.

Anyway, here's the question: Why do we need "free-speech zones" at the 2010 Games? Because that's what we're getting — areas set aside, close to event sites and the media centre, where lawful protest can take place.

I thought all of Canada was a "free-speech zone," as in: "Freedom of thought, belief, opinion and expres-

sion, including freedom of the press and other media of communication; freedom of peaceful assembly; and freedom of association." (Canadian Charter of Rights and Freedoms)

So why is Vancouver Olympic Committee's 2010 Integrated Security Unit (ISU) containing these fundamental freedoms into what the wags around here call "protest pens?"

What are they afraid of? And how will protest pens contain that threat, whatever it is?

If we have the right to

free peaceful assembly, we should have that right in any public place, too bad if it's in full view of TV cameras ready to beam that discontent around the world.

More and more, the real dark side of the 2010 Games is the atmosphere of fear and paranoia coming out of the Games' ISU, which seems compelled to act like the KGB, pulling over Olympic protesters demanding to see their "documents," spying on protesters, installing omnipresent surveillance cameras and

building these ridiculous protest pens, which will only serve to motivate protesters in full view of the world.

This is Vancouver, not Beijing, the birthplace of the protest pen.

There, question asked. I hope "they" are willing to cough up an honest answer and not just get it into their heads to pull me over for, um, further questioning.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: What would make you give up your car to walk, bike or take public transportation to work?

Peter Sabourin

age 29, Halifax

A: A subway would do it. The transportation would be much better.



Shannon Parker

age 32, Halifax

A: I don't have a car. I'm from B.C. and one of the things that drew me to Halifax was that everything wasn't all spread out. It's pretty compact, Halifax.



Ken Nauss

age 46, Halifax

A: We've already done that. We live downtown and work out of our home.



Rebecca Blakey

age 20, Ottawa

A: I wouldn't drive a car — I bike. It's better for you physically and better for the environment.



Eric Harker

age 23, Calgary

A: I don't think I ever would because of all the stuff I have to haul around like groceries.



Jessica Russel

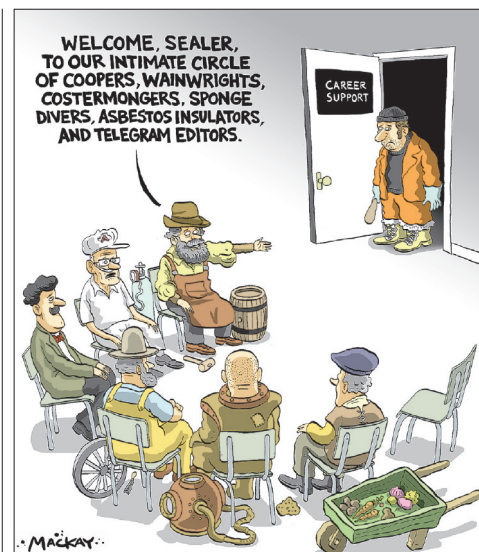
age 27, North Vancouver

A: If a chauffeur picked me up and drove me to work I'd be willing to give up my car.



Tell us your views by email to halifaxletters@metronews.ca or comment on metronews.ca or on Twitter @metrohalifax. Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Halifax 3260 Barrington Street, Suite 102, Halifax, NS B3K 0B5; Tel: 902-444-4444; Fax: 902-422-5610; Advertising: 902-421-5824 • adinfohalifax@metronews.ca; halifax_distribution@metronews.ca; News: philip.croucher@metronews.ca



SUMMER CLEARANCE

On all Quality Lawnmowers, Tractors, and Zero-Turns!

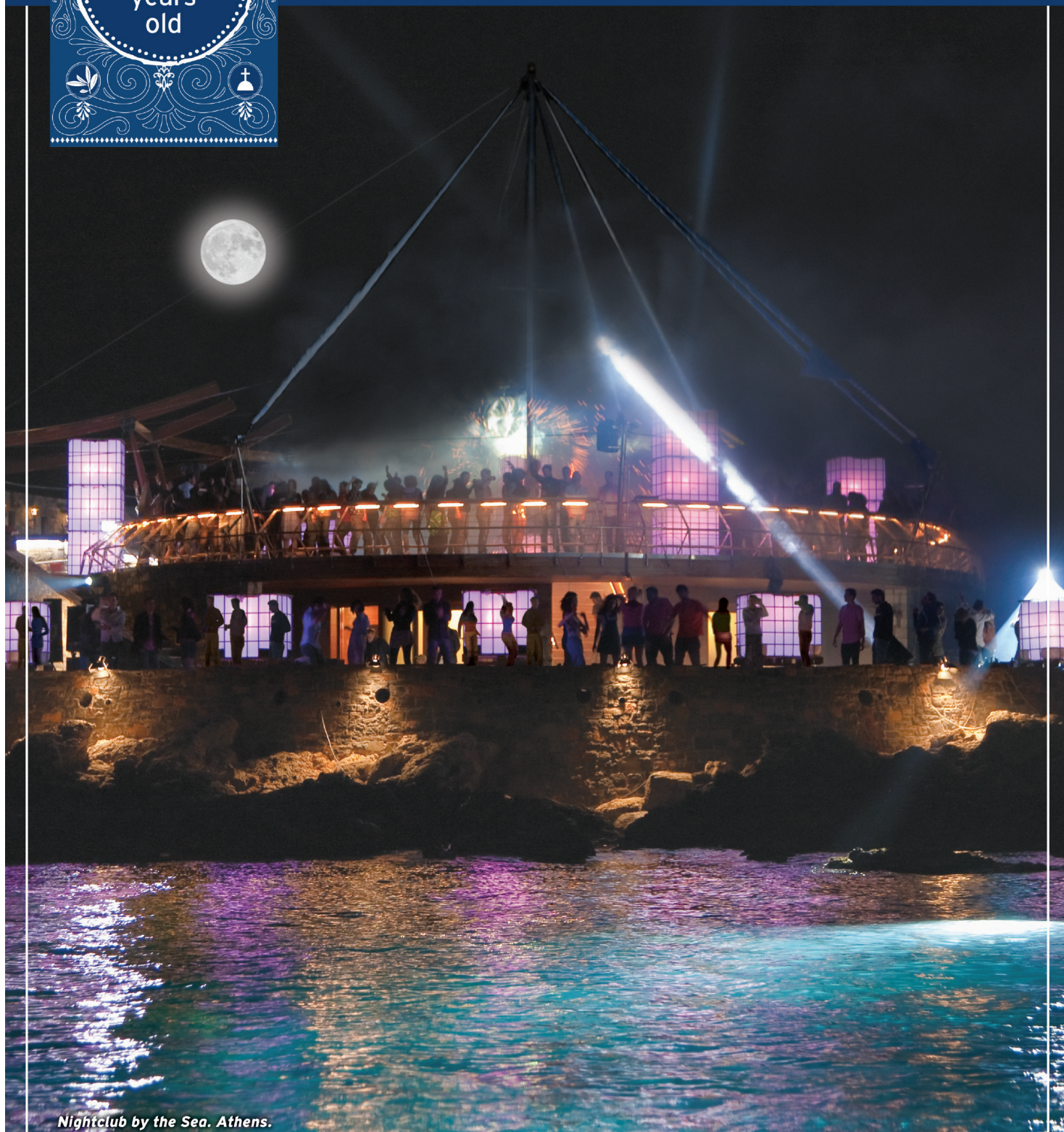
eastern **turf**
halifax Kubota

468-8873 • 140 Ilsley Ave
Parts sales and service on all commercial and residential equipment





GREECE A MASTERPIECE YOU CAN AFFORD



Nightclub by the Sea. Athens.

5000 years of feasting was all that was needed for the praises of wine and live music to be sung. From the Dionysian invitation to merriment and the ancient festivals to today's all night revelry at seaside clubs until the first morning light... Greeks know how to enjoy all that the nightlife has to offer.

www.visitgreece.gr

MINISTRY OF TOURISM - GREEK NATIONAL TOURISM ORGANISATION



U.S. Steel Corp, which owns former Stelco steel plants across Canada, reported its second consecutive quarterly loss yesterday and said it expected all of its business sectors to operate in the red in the third quarter. **REUTERS**

Business	DOLLAR	GAS	OIL	TSX
	 US 92.33¢ US 0.17¢	 US \$3.53 US 7¢	 US \$67.23 US \$1.15	 10,570.54 186.89

EDITOR: FERMIN.DESOUZA@METRONWS.CA

Suncor, Petro-Can merger will bring layoffs

Petro-Canada and Suncor Energy Inc. began notifying executives yesterday that they will be laid off following the companies' \$22.5 billion merger next month.

The companies have started to tell some senior

employees they will not be part of the combined firm once Suncor completes its acquisition of Petro-Canada, a deal expected to close on Aug. 1. The number of cuts won't be made public until the deal is final.

"We have started the se-

Top posts selected

• In April, Suncor detailed which executives will have the top posts in the new company, with most of those roles, in-

cluding chief executive, chief financial officer and chief operating officer, being filled by Suncor staff.

lection process but it is subject to the merger clos-

ing," said Victoria Barrington, a spokeswoman for Petro-Canada. "We do not know the total number of employees that will be departing the organization."

The merged company will be Canada's largest oil exploration and produc-

tion firm. Along with a dominant position in northern Alberta, the company will have extensive offshore production from Canada's East Coast and the North Sea, as well as a substantial natural-gas production business. **REUTERS**

Looking for People Who Get It!

RAMEY
INVESTMENTS

 Blaine Conrad, CFP
Financial Planner

bconrad@rameyinvestments.com 488-0166

Psychic Fair

Halifax Forum: July 31, Aug 1&2
Fri 2-10pm, Sat 11-10pm, Sun 11-7pm

ADMISSION: \$5.00 SENIORS \$4.00
\$1.00 off with this coupon.

Readers,
Palmists
Crystals
& More!

www.esp888.com



**Park West
Dental**

Dr. Carolyn Macnutt and
Park West Dental Office
welcomes Dr. Jessica Schow
to the practice.

We are happy to accept new
patients to our newly
renovated office.

457-7787 • 287 Lacewood Dr.
(Sobey's Mall Lacewood & Dunbrack)
Monday to Friday (evenings available)

NOVA SCOTIA
Health



How high is too high? If you have a health concern or question, call 811 and talk to a registered nurse 24/7. Because when you know more, you worry less.

NSHealthLink811.ca

healthlink **811**

Microsoft, Yahoo to unveil search, ad partnership, source tells blog

INTERNET Microsoft and Yahoo have agreed to an on-line search and advertising partnership that will be announced shortly, a source familiar with the situation said yesterday.

Microsoft will not pay an upfront fee to Yahoo, and the focus of the deal is on sharing revenue between the two companies, said the source, who did not want to be identified because a formal announcement has not been made. The news was first reported by the AllThingsDigital blog.

Microsoft and Yahoo declined comment. The two companies have talked for months about co-operating in the online advertising market, dominated by Google. **REUTERS**

Business in brief

AUTO Canadians have invested more than \$14 billion to save GM and Chrysler and now own a part of both companies but salaries for their top executives here remain a secret. The automakers say they are private companies and won't reveal the information. The refusal comes after GM received about \$10.5 billion in loans and Chrysler acquired \$3.8 billion from the federal and Ontario governments.

TORSTAR NEWS SERVICE
NORTEL DEAL The \$1.13 billion sale of Nortel Networks' prized wireless assets to Swedish telecoms equipment maker Ericsson received the blessing of Canadian and U.S. courts yesterday. It remained unclear whether the Canadian government will intervene in the deal.
TELECOM Rogers Communications slashed its full-year revenue outlook yesterday and said wireless subscribers were cutting spending due to the recession, sending its shares down 5.5 per cent. **REUTERS**

Former Herd tough guy signs with U.S. team

Former Halifax Mooseheads tough guy Carlyle Lewis has signed with the Central Hockey League's Missouri Mavericks after three years overseas. The Middleton native holds the Herd's single-season penalty-minute record with 425. **METRO NEWS SERVICES**

9

Sports



N.S. athletes make Team Canada

Halifax's Adrienne Power and Caledonia's Jenna Martin (pictured) have been named to Team Canada for the world athletics championships in Berlin, Germany, from Aug. 15 to 23. Power will race the 4x100 and Martin the 4x400.

METRO HALIFAX

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Putting hard work to the test

After training hours a day, Herd's Desjardins hits under-18 camp

MATTHEW WUEST

matthew.wuest@metronews.ca

If Gabriel Desjardins doesn't make Canada's under-18 hockey team, it won't be for a lack of effort.

The Halifax Mooseheads left-winger has been training feverishly throughout summer to prepare for the upcoming season, and his hard work will be put to the test starting Saturday at Canada's under-18 selection camp in Calgary.

Desjardins, still only 16 years old, has committed four and a half hours a day to a wide-ranging routine, working out in Montreal with Mooseheads goalie Mathieu Corbeil.

"I got gym, I got ice, I got yoga, I got Thai boxing ... I'm doing all that stuff," Desjardins said. "You know, everything to be focused and ready mentally and physically."

To top it off, when Desjardins isn't training, he's been playing other sports in his spare time, mixing in a smattering of tennis, baseball and basketball for good measure.

"It's just for fun, but my trainer told me, 'Play some sports different from hockey to change it up a bit,'" Desjardins said. "You don't



Halifax Mooseheads left-winger Gabriel Desjardins has committed four and a half hours a day to a wide-ranging routine, working out in Montreal with Mooseheads goalie Mathieu Corbeil.

want it to be hockey all summer."

The five-foot-11 191-pounder was one of the most impressive 16-year-old rookies in the QMJHL last season, producing 13 goals and 12 assists for 25 points in 60 games and impressing with his speed, energy and tireless work ethic.

Those attributes are bound to impress Canada's staff, which will select 22 players from the 40 at camp to represent the country at the Memorial of Ivan Hlinka tournament in the Czech Republic and Slovakia from Aug. 11 to 15.

Desjardins is overwhelmed at the thought of wearing the Maple Leaf on

his sweater on a team that is widely considered a stepping stone to the world junior championship.

"When I received the call three months ago ... Oh, I think I was going to cry," he admitted.

"But you know, it's a big thing for me to represent Canada. It would be amazing."

'Harder than any training camp I've ever been to'

HOCKEY Yuri Cheremetiev is being pushed to his limits in a bid to land a job in the Kontinental Hockey League. The Halifax Mooseheads forward has spent the past two weeks at training camp with CSKA Moscow and is currently in Finland for the 10-day off-ice conditioning phase.

"It's harder than any training camp I've ever been to but it's getting me into the best shape I've ever been in," Cheremetiev told Metro Halifax. "Right now, my main focus is to get into the best shape I can for wherever I play next season. It will be the most important year of my career so far."

That's good news for the Mooseheads — if Cheremetiev ends up coming back to Halifax in 2009-10. The 20-

year-old tied for the team lead in scoring last season but said he is in contract talks with CSKA and could end up in Russia.

Cheremetiev, born in Moscow but raised in Stoughton, Mass., attended training camp with the Boston Bruins last season and has invites to several NHL camps this fall if things in Russia don't pan out. He isn't sure where he'll end up.

"I will probably figure that out some time in August," he said.

CSKA picked Cheremetiev 33rd overall in June's inaugural KHL draft. The KHL is considered the world's second best league, with a minimum salary of more than \$100,000 US.

MATTHEW WUEST
/METRO HALIFAX

Sports in brief

HOCKEY The Dalhousie Tigers have added Francois Gauthier to their length list of men's hockey recruits for 2009-10. The former Cape Breton Screaming Eagles forward had 16 goals among

37 points in 67 games in the QMJHL last season.

BASKETBALL East Preston guard Justine Colley had five points and two steals in a 72-56 loss to Spain yesterday in the Eight-Final

Round of the FIBA world under-19 women's basketball championship in Bangkok, Thailand.

BASKETBALL Former Halifax Rainmen point guard Jermaine Anderson had 11

points on Monday to help the Canadian senior men's basketball team beat New Zealand 90-68 finish second at the Trentino Cup in Trento, Italy.

METRO HALIFAX

August 18, 2009 LINKS AT PENN HILLS GOLF COURSE Shubenacadie - Exit 10 (off Hwy 102)

Registration: 8-9:15am
Tee-off: 9:30am



Putting for Pets 1st Annual Golf Tournament

- Putting Contest
- Hole in One
- Closest to the Line

- Great Prizes
- CBBQ



in support of... Nova Scotia

SPCA

Visit www.spcans.ca to register!



EASTLINK

CANADIAN SENIOR CHAMPIONSHIPS

Coming to Metro...August 20-23



www.seniorbaseball09.ca



Sports in brief

HOCKEY Former Halifax Mooseheads defenceman Milan Jurcina went to salary arbitration with the Washington Capitals yesterday, making him just the third NHL player to do so this summer. The 26-year-old defenceman had three goals and 11 assists for 14 points in 79 games with the Capitals last season on the last year of a two-year contract valued at \$1,762,500. Both sides presented their cases yesterday. The arbitrator has 48 hours to reach a decision, after which the Capitals have the option of accepting the ruling or walking away.

BASEBALL The Halifax Pelham Canadians continue to roll in the Nova Scotia Senior Baseball League, defeating the Kentville Wildcats 4-3 last night at Mainland Common. Mark Haverstock got the win on the mound and Jay Turple led the bats with a single, double and RBI as Halifax improved to NSSBL-best 12-4. At TAAC Grounds, Dartmouth Moosehead Dry (9-5) dumped the Truro Bearcats 9-3. Steve Nelson got the win while Darren Doucette and Randy Stewart belted home runs.

METRO HALIFAX

Must-win for Toronto FC

Puerto Rico Islanders visit BMO Field in Champions League opener

As Toronto FC embarks on its bid for the glory of the CONCACAF Champions League tonight, it's become apparent that anything besides an outright win by the Reds at BMO Field will be considered a loss.

TFC knows this. Their opponent, the Puerto Rico Islanders, know this. And that's why you can expect the Islanders to come out and play a bland, boring brand of soccer — the same kind the tiny USL-1 squad rode from its beaches to the semifinals of last year's Champions League.

In this home-and-home series, the Islanders represent a serious threat to Toronto's intentions to move on.

TFC, for all the advances to its attack this season (Pablo Vitti, Ali Gerba, Dwayne De Rosario), is still a squad that is remarkably awkward in its back four.

The counter-attacking goal by Columbus in extra

It's Called Football

Ben Rycroft

metronews.ca/itscalledfootball

time last weekend caught Toronto exposed, going balls out on the attack, and turned what would have been a solid road point into a disappointing loss.

This is the exactly the kind of goal Puerto Rico is capable of scoring. They sit and wait and counter when the opportunity presents itself — then return to their bunkering style, hoping to drag opponents back to the island, down a point and now forced to contend with the stifling heat and humidity.

Puerto Rico didn't defeat the giants of North American football in 2008 by pretending to be something they're not, but they did find a system that



Toronto FC players are seen running drills during practice at BMO field. TFC will play host to the Puerto Rico Islanders tonight as they open play in the CONCACAF Champions League.

It's Called Football sets up TFC's match with the Puerto Rico Islanders at: metronews.ca/blogs

works in a home-and-home format. And when a team comes in determined to not play for the win, all the pressure falls to the other squad to perform.

Toronto coach Chris

Cummins has won fans this year for his vision to find and adjust formations that break down opponents. Finding one that can bust that bunker without leaving them exposed at the back will be a true test for the coach.

Watch Ben Rycroft on the It's Called Football show every Monday at metronews.ca; ben.rycroft@metronews.ca

Favre tells Vikings he's staying retired

FOOTBALL Brett Favre called Brad Childress yesterday and informed the Minnesota Vikings head coach that he will remain retired.

"It was a rare and unique opportunity to consider adding not only a future Hall-of-Fame quarterback, but one that is very familiar with our system and vision," Childress said.

According to a report by the Minneapolis Star Tribune, Favre, who turns 40 in October, was not ready physically or mentally for another gruelling NFL season.

METRO NEWS SERVICES

Sports in brief

BASEBALL Chicago White Sox ace Mark Buehrle set a major league record by retiring his 42nd straight batter last night against the Minnesota Twins.

FOOTBALL Jim Johnson, whose attacking defences helped the Philadelphia Eagles to one Super Bowl appearance and five NFC title games, has died. He was 68.

METRO NEWS SERVICES

"Better Cars, Better Buys, Better Hurry!"

2005 BMW Z4
• Premium and Sports Package
• 44,000 km • 6 Speed Auto
STUNNING! \$31,995

2006 BMW 325xiT
• Premium and Sports Package
• Navigation • All Wheel Drive
THE ULTIMATE FAMILY MACHINE **\$34,995**

2004 BMW 320i
• 5 Speed • Sunroof
• Super Clean • 6 Cyl
CLASSIC \$16,995

2007 BMW x3
• Premium Package • AWD
• 3.0L Auto • Panoramic Sunroof
• Heated Seats and Steering Wheel
\$31,995

All of these BMW's are 1 owner, dealer maintained with Carproof History Reports included

Fully Serviced, Low Mileage • BMWs, Mazdas, Volvos & More • Financing Available

For more Quality Pre-owned Imports visit MYCARSVILLE.CA 869.2277 • 257 Sackville Dr.

NOTICE: Natal Day

Garbage/Organics/Recyclables Collection & Processing Services

No Collection	Collection will occur
Monday, August 3rd	the Preceding Saturday, August 1st
Otter Lake Facility Closed Monday, August 3rd	Otter Lake Facility Open Saturday, August 1st 7 am to 7 pm
HRM Recycling Plant Closed Monday, August 3rd	HRM Recycling Plant Open Saturday, August 1st 7:30 am to 6 pm

Collection services can begin as early as 7:00 am. To ensure collection, residents may place materials curbside the evening prior to collection day. For more information on HRM's composting and recycling programs, check your 2009 collection schedule, visit our website at halifax.ca/wrms or call our information line at 490-4000.

The Halifax Regional Municipality's residential Household Hazardous Waste (HHW) Depot will be **CLOSED** Saturday, Aug. 1st, but will be **OPEN** Saturday, Aug. 8th and 15th from 9:00 am to 4:00 pm.

R333-6912

Smoother turns

Nissan has developed a new system, called Navigation-Cooperative Intelligent Pedal, that helps drivers make smooth turns by synchronizing the vehicle's navigation, engine, braking and steering systems. **METRO NEWS SERVICES**

11

Metro Drive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONWS.CA



Car for the blind

Virginia Tech undergrads in the U.S. have remodelled an all-terrain buggy to create a car the blind can drive. The semi-autonomous vehicle uses a laser range finder, voice software and other sensory technology to steer itself. **METRO NEWS SERVICES**

2010 Taurus takes charge

JIM ROBINSON
for Metro Canada



The first generation Taurus (including the Mercury Sable) was one of the most popular cars Ford ever produced. Coupled with the simple, but reliable, Ford Tempo / Mercury Topaz, Ford's coffers swelled and they went on a buying spree gobbling up Volvo, Jaguar, Aston Martin and much of Mazda.

Then things went pear shaped. There are many theories of what went wrong in Dearborn but Carlos Ghosn, the miracle worker who turned Nissan around, has said there is no such thing as good management and bad results, which pretty well sums up where Ford was at the turn of this century.

More recently, the economic and domestic car meltdown has since separated the wheat from the chaff. That Ford did not put its hand out for government aid was reassuring to a lot of consumers who have now changed their minds about Ford.

At the press introduction of the 2010 Taurus lineup, Ford used the phrase "the car that changed America's view of sedans" to describe it. And that's what Ford is hoping will happen again with its full-size flagship sedan.

The core message at the press launch in North Carolina was the Taurus offers more but costs less than its competitors. In fact the base 2010 Taurus SE at \$29,999 is \$2,000 less than

its own 2009 SE.

Ford also made a big thing at the preview about Taurus having more technology features (10 of them class exclusive) than premium luxury cars they benchmarked like the Audi A6 and Lexus ES350.

Some of these are Adaptive Cruise Control and Collision Warning with Brake Support, BLIS (Blind Spot Information System) with Cross Traffic Alert, MyKey and SecuriCode with its Keyless Entry Keypad.

The 2010 Taurus is a full-size car in every sense. Its multi-curved sheet metal takes away some of this visually, but it will fill a normal garage.

The interior, even on the base car, will surprise you. Soft touch trim abounds and the trim fits are as good as the Lexus.

Power is a 3.5-litre DOHC V6 producing 263 hp and 249 lb/ft of torque on regular gasoline. There is a twin-turbo EcoBoost version of the 3.5-litre producing 365 hp and 350 lb/ft of

torque but it is only available on the Taurus SHO featured separately on these pages.

Out on the highway, the big Taurus was where it was meant to be, clicking

off mile after mile in sixth. For covering long distances in comfort, this car is hard to beat. And it's quiet too thanks to things like triple seals and acoustically laminated windows.



The 2010 Taurus is the new Ford flagship.

2010 Ford Taurus

Type: Full-size sedan

Price: from \$29,999

Engine: 3.5-litre, DOHC V6 (263 hp, 249 lb/ft)

Fuel Economy: FWD, 11.6/7.2L/100 km city/highway; AWD, 12.3/7.9L/100 km city/highway

Highlights

- Costs less than 2009 model
- Comfortable ride
- Impressive tech features

Outback prices revealed

Subaru Canada recently announced pricing for the all-new 2010 Outback. Distinguished by bolder and crisper styling, the all-new Outback also introduces an all-new chassis and the Subaru Lineartronic CVT (Continuously Variable Transmission). Capability is enhanced with a segment-first swing-out roof rail and crossbar design and more ground clearance. The Outback is available with two engines and a variety of packages:

- The entry-level 2.5i PZEV is equipped with Subaru's 170-hp boxer engine, which can be mated to either the new six-speed manual

transmission or the Lineartronic CVT. It will cost \$28,995 with the manual transmission and \$30,195 with the Continuously Variable Transmission (CVT).

- The 2.5i Sport will retail for \$31,795 with the manual transmission, and \$32,995 with the CVT. The model may be further enhanced with a Limited package of options, and a new Multimedia option package may be added.
- The 3.6R Outback gets a new 3.6-litre, 6-cylinder engine is equipped with Subaru's 256 hp. MSRP for the 3.6R starts at \$35,695.

METRO NEWS SERVICES



SATURN

THE SUMMER CLEAROUT IS BACK



2009 ASTRA® 3-Door XR model shown

HWY - 6.1 L/100 KM (46 MPG) CITY - 8.5 L/100 KM (33 MPG)

- Available in 3-door and 5-door models
- German design; built in Belgium

Standard Features*	2009 Saturn ASTRA XE 5-door	2009 Honda Civic DX 4-door sedan	2010 Mazda3 GX 4-door sport
OnStar®	✓	X	X
6-Speaker Stereo	✓	X	X
Cruise Control	✓	X	X
Power Door Locks	✓	X	X
Remote Keyless Entry	✓	X	X
Powertrain Warranty	60 months/160,000 km	60 months/100,000 km	60 months/100,000 km

*BASED ON AVAILABLE COMPETITIVE INFORMATION.

Best coverage in Canada with 5 years/160,000 km
FULLY BACKED WARRANTY¹



2009 VUE XE

CASH PURCHASE PRICE, STARTING AT
\$20995
INCLUDES A CASH CREDIT OF
\$5500
OFFER INCLUDES \$1,000 LOYALTY BONUS AVAILABLE TO CURRENT SATURN AND GM OWNERS ONLY*

HWY - 7.5 L/100 KM (38 MPG) CITY - 10.9 L/100 KM (25 MPG)

- 2009 TOP SAFETY PICK AWARD winner from the Insurance Institute for Highway Safety²
- Also available as a **HYBRID**



2009 AURA XE

CASH PURCHASE PRICE, STARTING AT
\$18995
INCLUDES A CASH CREDIT OF
\$5000
OFFER INCLUDES \$1,000 LOYALTY BONUS AVAILABLE TO CURRENT SATURN AND GM OWNERS ONLY*

HWY - 5.8 L/100 KM (40 MPG) CITY - 9.4 L/100 KM (28 MPG)

- Better fuel efficiency than the Accord or Camry (excludes hybrids)
- Also available as a **HYBRID**



2009 OUTLOOK XE

CASH PURCHASE PRICE, STARTING AT
\$29685
INCLUDES A CASH CREDIT OF
\$5000
OFFER INCLUDES \$1,000 LOYALTY BONUS AVAILABLE TO CURRENT SATURN AND GM OWNERS ONLY*

HWY - 8.4 L/100 KM (34 MPG) CITY - 12.7 L/100 KM (22 MPG)

- 3.6 L, 281-hp V6 engine and a 6-speed automatic transmission
- 5-star rating for front and rear seat side impact crash tests³

YOUR EXPERIENCE BEGINS AT **saturn.ca**

Saturn Saab of Halifax
3330 Kempt Road, Halifax 453-2770

Saturn of Dartmouth
10 Baker Drive, Dartmouth 462-2299

12 metro drive

Eat, drink, be wary

AutoPilot

Michael Goetz

metronews.ca/autopilot

We're now deep into the so-called dog days of summer.

Not to totally bum you out, but I do want to remind you that Statistics Canada reports that deaths by motor vehicle accidents (MVA) spike during warmer weather.

Its 2000-2004 study revealed about eight Canadians died each day in MVAs. Deaths peaked in August

2004, with an average of more than 10 fatalities each day.

Some of the causes of accidents seem mostly evil, like drinking and driving, speeding, recklessness, etc. But lots of other causes are less evil and even somewhat comical.

The CAA says, and I quote, "Far too many accidents have been caused by people trying to avoid getting crumbs or mustard on their pants ... Many more accidents have been caused because a lid popped off a drink or was spilled on a driver's lap."

The automakers spend all this time and effort giving us air bags and ABS brakes when all we need are aprons.

Also high on CAA's list of leading causes of accidents is the distraction caused by

"The CAA says, and I quote, 'far too many accidents have been caused by people trying to avoid getting crumbs or mustard on their pants.'"

trying to find and insert CDs and/or changing radio stations.

The CAA advises to insert a CD before you head out, have several mixed CDs at the ready for longer trips, and/or delegate DJ duties to passengers.

I would also highly recommend taking the shrink wrap off new CDs before you head out — because you'll never find that semi-mythical "starter tab" while you're also trying to drive, and then you'll need something like an ice-pick to pierce that shrink wrap, and who has one of those handy in the car? And anyway, why are CDs more tightly wrapped than processed meat? Come on guys, let's loosen things up a bit.

Distraction by any means is becoming a real mover and shaker in the world of car accidents. That's why cellphone use is under such scrutiny.

Researchers have also noticed that on high-speed routes in Europe there is not a corresponding increase in accidents and/or an actual decrease in accidents. They figure these drivers are more engaged and therefore less prone to distraction.

Keep that in mind during boring stretches of highway. Keep engaged and alert. Maybe wear a NASCAR cap and pretend you're Tony Stewart.

I was surprised that "tiredness" was not on the CAA's list of 10 leading causes of car accidents, because driving off the highway is never a small incident.

I love comedian Ray Romano's take on how easily we recover after we've just realized that we actually drove with closed, sleepy eyes for a nanosecond or two. We almost got killed, but we just drive on like nothing happened. He said it would be like noticing you've just missed a stray bullet in your bed, then rolling over and going back to sleep.

Anyway, keep thinking good thoughts and have a safe summer of driving.

\$500 Military Rebate

Halifax's Hillcrest Kia, and Kia Canada, are giving something back to the men and women of the Canadian Forces

Qualifying buyers with military background are entitled to an additional \$500 rebate towards the lease or purchase of any new Kia vehicle. Contact Hillcrest Kia today for details.



Hillcrest
KIA MOTORS
The Power to Surprise

**Hillcrest Kia, 3170 Kempt Rd, Hfx
www.hillcrestkia.com • 453-3477**



0% PURCHASE FINANCING FOR UP TO 60 MONTHS*



10 YEAR 160,000 km POWERTRAIN LTD WARRANTY
BEST BACKED CARS IN THE WORLD*

2009 Eclipse GT-P and Eclipse Spyder GT-P, tearing up the road with standard features[†], including:

- 3.8L, 6-cylinder, 265 hp engine
- 6-speed manual transmission
- Power folding triple layer cloth roof^Δ
- 18" alloy wheels
- Xenon High Intensity Discharge Headlamps
- Dual front and side impact airbags
- Leather front seating surfaces
- 650W Rockford Fosgate® audio system
- Power windows, mirrors and keyless entry
- Automatic climate control

^Δ Eclipse Spyder only



from
\$23,498

INCLUDED
10 year 200,000 kilometer factory warranty credit



SUMMER'S HOTTEST TICKET

www.metromitsubishi.ca

230 Wyse Road, Dartmouth "Between The Bridges"
1-902-463-6792 1-866-563-6792



Smart customers always read the fine print. † Features listed are standard on 2009 Eclipse GT-P and 2009 Eclipse Spyder GT-P. Δ For all purchase financing offers, customers must sign contract and take delivery from dealer by July 31, 2009. Purchase financing at 0% APR available through Bank of Nova Scotia and Bank of Montreal for up to 60 months on all new 09 Eclipse and 09 Eclipse Spyder models. Financing example: \$20,000 financed at 0% APR for 60 months, monthly payment is \$334, cost of borrowing is \$0, and total obligation is \$20,000. All offers available only through participating dealers to qualified retail customers in Canada and are only on approved credit. See participating dealer for details. * Whichever comes first. Regular maintenance not included. See dealer or mitsubishi-motors.ca for warranty terms, restrictions and details. Not all customers will qualify. ** Best backed claim does not cover Lancer Evolution and Ralliart models. See dealer or Mitsubishi-motors.ca for Education Edge terms, conditions, and other details. © MITSUBISHI MOTORS, BEST BACKED CARS IN THE WORLD are trade-marks of Mitsubishi Motors North America, Inc. and are used under license.

Michael Goetz has been writing about cars and editing automotive publications for more than 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

New Blizzak tires

Bridgestone has added two new winter tires to its Blizzak product line: the Bridgestone Blizzak DM-V1 and LM-60. These tires are suited for vehicles ranging from light trucks and SUVs to sports cars and sedans. **METRO NEWS SERVICES**



G37 a sweet thing

MARK ATKINSON
for Metro Canada



For watchers from the sidelines, the luxury automobile market looks like a game of follow-the-leader. Usually, it's BMW in the fore, with the other German and Japanese automakers left playing catch-up.

How so? Two years ago, BMW's latest 3 Series cabriolet debuted with a metal folding hard-top after years

of cloth-top versions. So what did the competition do? Launched hardtop convertible versions of their own 3 Series clones: The Lexus IS C and the Infiniti G37 convertible.

The 2010 G37 convertible joins the well-received coupe and sedan in taking on the most popular Bimmer. The Infiniti looks the part, using most of the coupe's striking lines. Company stylists succeeded in maintaining a traditional two-door's proportions, and

the G doesn't suffer from its competitor's awkward lines with the three-piece roof in place.

After 30 seconds of motorized mechanical ballet, the roof opens, presenting the most attractive tanning bed on the market.

The sheetmetal back of the A-pillar is unique, despite the similarities to the coupe, and the convertible gets a unique rear deck, rear fascia and slimmer LED taillights.

The G37 is built on the



2010 Infiniti G37 Convertible

Type: Luxury convertible
Price: from \$57,400
Engine: 325-hp 3.7-litre V6

Highlights

- Stylish and less expensive than comparable BMW model
- Available in Sport and Premier Edition

same rear-drive platform and shares the same 325-hp 3.7-litre V6 and six-speed manual transmission as other Gs, with a seven-speed automatic a no-cost option. This engine sings a sweet tune whether you're pushing hard or just

tootling around.

Mind you, the convertible does like to be driven hard, offering excellent levels of grip, strong brakes, a flexible drivetrain and wonderful feel. The rear track is 3.8 cm wider to accommodate the folding roof, but al-

so aids stability.

All convertibles feature a full suite of safety and assist systems including ABS, EBD, traction and stability control, six airbags and automatically deployable rollover bars.

YOUR PRE-OWNED QUALITY CONNECTION



2008 G6 Sedans

V6/auto/air/pwr w/l.
3 Remaining

\$14,988

Stock #P6733A

2005 Mazda 3 Sedans

Well equipped, Low Km's

Starting at **\$9,888**



Stock #P6895A

APPROVED! ONLINE 24/7...WWW.CARROLLGM.COM

THE BEST COVERAGE IN CANADA

THE GM 160,000 KM WARRANTY

5 YEAR POWERTRAIN 5 YEAR COURTESY TRANSPORTATION 5 YEAR ROADSIDE ASSISTANCE

CARROLL
PONTIAC BUICK GMC HUMMER

44 BEDFORD HWY
HALIFAX, NS
445-5575
TOLL FREE IN ATLANTIC CANADA
1-888-GM DEALS



2002 Accent

A/C, Power Windows,
Power Locks, Power Mirrors,
Keyless Entry, 67,445 km

\$3,990

WAS \$7,790

2005 Accent

A/C, Power Windows, CD Player
Power Locks, Power Mirrors,
Keyless Entry, 47,125 km



\$6,990

WAS \$7,790

O'REGAN'S
DARTMOUTH HYUNDAI
60 Baker Drive, Dartmouth, NS

ASK ABOUT OUR EXCLUSIVE
WALKAWAY PROGRAM

465-7500

TOLL FREE 1-800-565-8003

KIA SPECTRA5 LX - 2007



\$11,950

Manual FWD, AM/FM Stereo,
CD Player, Rear Defroster,
28000 kms

KIA RIO - 2005



\$5,295

4 Door, 5 Speed, CD Player
ABS, Tilt, only 70 000 kms



KIA MOTORS
The Power to Surprise™

CERTIFIED PRE-OWNED™

HILLCREST KIA

3170 Kepmt Road, Halifax
453-3477 / www.hillcrestkia.com

Every Certified KIA comes with the following: Balance of factory warranty plus 1 year or 12000 KM warranty with roadside assistance • Carproof Vehicle History Report • No Hassle Exchange Policy

START YOUR SUMMER IN STYLE

07 CHRYSLER 300C



ONLY \$22,995*

Loaded, Leather,
Sunroof, 5.7L HEMI
34,000km

2008 PONTIAC G6



ONLY \$15,995*

loaded, Cloth,
V6 Engine
19,000km

12 Lakelands Blvd.,
Bayers Lake Park

Serving Nova Scotia for
50 Years!

www.halifaxchrysler.com • 455-0566

* all prices are plus tax and applicable dealer fees. ** all payments are based over 84 month purchase OAC.
* all payments are based over 72 month purchase OAC. * see showroom for details



For advertising rates and inquiries, please contact Dan Hillier at 421.5836 or dan.hillier@metronews.ca

In the coming weeks Metro's Workology section will be focusing on the part of the entertainment industry that you DON'T see. Backstage Pass will focus on the careers behind the camera and the curtain. So be sure to read Workology and Metronews.ca/work every day.

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Durham on the rise

Oshawa, Ont.'s Durham College is reporting a 5.28 per cent increase in applications to the school for fall studies over this time last year. Preliminary figures indicated 4.86 per cent in the number of students confirming Durham as their first choice. The college expects overall enrolment to rise to approximately 6,600 students, along with an estimated 1,600 apprenticeship students, for the 2009-10 school year. METRO NEWS SERVICES

Want a medical career that's off the charts?

Enroll now in our Medical Administration Program

- ✓ Build primary medical & communication skills
- ✓ Reward yourself personally & professionally
- ✓ Graduate in only 10 months
- ✓ Individualised student attention
- ✓ Learn from experienced instructors
- ✓ Laptop provided for your studies!

Call Lisa at 464-5288 for more information.
Classes start in September ...register today!

www.msop.ca



Spielberg to SafeStart

CHRIS ATCHISON
for Metro Canada



Larry Wilson would be the first to admit that his career path is far from typical — he might even call it downright extraordinary.

Wilson, vice-president of Belleville, Ont.-based safety training firm Electrolab Training Systems Limited, spends much of his time touring the world, espousing the virtues of simple concentration techniques to avoid injuries both at

work and at home. But in the 1980s, the father of four was better known for gracing the covers of international magazines such as Gentleman's Quarterly, posing for Italian fashion designer Valentino and making the occasional appearance on daytime soap The Young And The Restless.

"I still have long talks with myself about why we had to leave L.A.," Wilson deadpans from his part-time base in Whistler, B.C. "Was it really that bad? Just because it was shallow and

vacuous?"

The 52-year-old recalls his most memorable audition, with Jaws director Steven Spielberg.

"He flips me this hat," Wilson remembers, "takes out a Nikon, puts me up against a wall and shoots a half a roll of film. The guy knew what he was doing." The baby-faced actor had the good looks, but lacked the facial maturity Spielberg sought. Much to Wilson's chagrin, the role of Indiana Jones went to Harrison Ford, instead.

Wilson soon returned to Belleville to put his talents to work for his father's firm, Electrolab, where he began teaching safety strategies. Over the years he drew on those experiences and designed a new system for injury prevention called SafeStart. According to Wilson, companies that employ the program reduce workplace injuries by of 60-90 per cent over two years.

The program has been expanded to include a kids' element to help tots avoid unnecessary accidents.

Career Finder

To advertise contact 444-4444

A Rewarding Career for You
Dependable, caring and happy to help. When you become a CAREGiver for Home Instead Senior Care, you make a difference in the lives of seniors. Provide housekeeping, meal preparation and personal care.

Flexible hours and a paid comprehensive training program provided.

Home Instead
SENIOR CARE
to us, it's personal

Each Home Instead Senior Care franchise office is independently owned and operated. © 2009 Home Instead, Inc.

To find out more please call:
902.429.2272
homeinstead.com/3008

OLS
ON-LINE SUPPORT

NOW HIRING 100
QUALIFIED PEOPLE

WWW.OLSJOBS.CA

Have a job opportunity?
Reach 65,600 readers per day all across
HRM with Metro's Career Finder.

LUMBER MART EST. 1984 **25th Anniversary**

INSTALLED SALES MANAGER

Full-time opportunity to head up our (very busy) Installed Sales Team. Duties include estimating, closing sales from prequalified leads and supervising projects in progress. We expect the successful candidate to work 3 days out / 2 days in. This is a salary plus position. Prerequisites include recent experience, a reliable vehicle, someone who can manage many tasks and has a strong sales background.

Apply on-line: fred@lumbermart.ca or fax 444-3017.

www.lumbermart.ca

DELTA
BARRINGTON & HALIFAX

Now Hiring:
Guest Services Manager

Our guests aren't the only ones who like to stay here.
Delta Hotels is Canada's leading hotel chain with over 43 hotels from coast to coast. We need dynamic individuals to join our team. Delta's commitment to our employees is demonstrated by our consistent ranking as one of the 50 Best Employers in Canada by the Globe & Mail's Report on Business Magazine. www.deltahotels.com

Please send resume to People Resources: thennigar@deltahotels.com

We thank all applicants for their interest however only those selected for an interview will be contacted. Delta Hotels is an equal opportunity employer.

SURF ON THE world of opportunity

If you enjoy working with new technologies and helping others we have what you have been looking for.

- Paid Training • RRSP • Tuition Reimbursement

Don't miss out! Apply today at: www.HirePoint.com or visit us in person at 115 Chain Lake Drive, Halifax.

TeleTech www.HirePoint.com

Commercial Safety College
A division of Commercial Safety Surveys Ltd.

INSTRUCTORS NEEDED IMMEDIATELY

- Crane & Boom Truck Operators
- Forklift, mechanical & other industrial safety skills
- Truck Driving

Full time & part time.
Full benefits.

Send your resume to
Roy Nichols
roy@safetycollege.ca
www.safetycollege.ca

CMTC
Carpenter Millwright
TRADES COLLEGE

Offering classes in

- Formwork
- Drywall
- Forklift
- Scaffolding
- Journeyman Upgrade Courses



Call to Register
454-5100 ext 26

1000 Sackville Drive,
Lower Sackville
www.cmtc-tradescollege.ca

CALLING ALL CARPENTERS

Now Hiring experienced carpenters

- minimum 5 years experience
- must have own transportation

Enjoy an above industry standards salary, work in and around HRM.

Please send resume to jeremy@bestbuiltstructures.ca

MERCER'S BEST BUILT STRUCTURES INC.

Upscale Downtown Floral Shop is accepting resumes for a full-time employee. Successful candidate must have retail experience dealing with public in person, be outgoing and able to work in a fast paced environment. Floral experience although a great asset, is not necessary.

Please bring resume to:
Doreen Semadeni
My Mother's Bloomers
5640 Spring Garden Road
Halifax.

My Mother's Bloomers
FLOWERS AND GIFTS
www.mymothersbloomers.com

How low will they go?

Irish airline Ryanair sees no end to the constant lowering of its fares and no need to acquire any rivals to continue to grow, Deputy Chief Executive Michael Cawley has said. "We still have only 10 per cent of total market in Europe so there's plenty of scope for us to reduce fares to stimulate that growth." **REUTERS**

15

Travel

TRAVELDESK@METRONEWS.CA



Poolside reservations

German tourists can now reserve their poolside recliners before they have even left home. The German arm of travel company Thomas Cook has been deluged with inquiries since announcing that holidaymakers at nine hotels in Turkey, Egypt and the Canary Islands can book recliners in advance for a fee. Germans are famous around Europe for rising early to reserve recliners near the pool with their towels, and then going back to bed or eating a lengthy breakfast. **REUTERS**

A taste of London's museums

The city's gallery now offers a sophisticated dining experience

EMMA E. FORREST
Metro World News

Traditionally, having a bite to eat in a London museum never meant anything more sophisticated than an expensive cheese sandwich or a wedge of sponge cake.

However, the restaurants in the city's cultural storehouses are now becoming dining destinations in themselves, some with tremendous views of city landmarks.

The newly-refurbished Portrait Restaurant, at the top of the National Portrait Gallery on Trafalgar Square, has amazing views over the city, taking in Nelson's column, the London Eye, the Houses of Parliament and Big Ben. It's a romantic place for a dinner date, with lights twinkling from London's most famous sights.

The food is pretty impressive too, with a fine dining menu of dishes that use local, seasonal and organic ingredients. Starters include Monmouthshire air-dried ham with a fried duck egg; mains including plaice with brown shrimp and lemon and horseradish butter.

During the daytime you can feast on a traditional afternoon tea with sandwiches, hom made cakes, biscuits and scones with jam and clotted cream (from about \$30 for two courses, npg.org.uk/live/portrest).

The neighbouring Na-



Above, the newly refurbished Portrait Restaurant at the top of the National Portrait Gallery. Right, the Upper Deck at the London Transport Museum.

tional Gallery is home to 2,300 of the most famous works of Western European art including Van Gogh's Sunflowers — as well as a great restaurant, the National Dining rooms.

This is a relaxed but sophisticated dining experience, with fun twists on typical British dishes using local, seasonal ingredients.

There's a choice of fine dining or the brasserie-style menu in the Bakery with comfort food including beef and ale stew, shepherd's pie, quiches, hot pies, and homemade cakes.

Exotic dishes on the à la carte menu include crab, pea and samphire salad; Newlyn lemon sole with mussels, leeks, sorrel and

wild nettles; and Eton mess or Elderflower posset for desert.

Each month, the chef celebrates a different British county, bringing you fresh produce and classic modern dishes from the region. (from \$9, thenationaldiningrooms.co.uk).

For views of a different London icon, dine at the Blueprint Café, the restaurant at the Design Museum where you can watch boats cruise down the Thames and under the majestic Tower Bridge. Follow your visit to an exhibition at the museum about a key design movement, architect or fashion designer with a dinner that celebrates the best of British dining.

You know it's an exciting dining experience when there are ingredients on the menu that are so recherché that you won't recognise them — the chef here is inspired by historic English and Scottish dishes.

Read more on page 16 »



Absolute
TRAVELSPECIALISTS.COM

**WE ARE WORTH THE LOOK
WE ARE WORTH THE CALL**

455-0886
(Fred)

455-0034
(Shannon)

455-2429
(Elayne)



Hike the Inca Trail

7 Day Tour from \$699

Retrace the steps of ancient Inca civilization and visit Cuzco, the Sacred Valley, and Machu Picchu.

Does not include airfare, transfers, and local payment of US \$200. Conditions apply.

1589 Barrington Street
902-482-8006

THE ADVENTURE TRAVEL COMPANY
www.theadventuretravelcompany.com

DAY TRIPS
P.E.I. Aug. 15 & 30
Hopewell Rocks, N.B.
Sept. 12 & 26, Oct. 11

\$99

Free Brochure 22 Tours

CABANA CHARTER TOURS
Halifax 1-902-444-3350
www.cabanatravel.ns.ca

Halifax to Glasgow, Scotland

Flight only from **\$69** one way plus tax



Book online or call 1 800 663 8614

flyglobespan.ca

Flights prices are per person, one way excluding tax. Prices correct at time of going to print and are subject to change. E&OE

Top hotel beds

For travellers who need a good bed for a good night's sleep, travel guidebook publisher LUXE City Guides has come up with a list of the top hotel beds around the world.

1 The Bowery Hotel, New York: The Bowery Hotel's custom-built American-style wooden beds look as plump and comfy as they feel. Serta mattresses are enveloped in custom 400 count Egyptian cotton sheets, plus down duvets, two firm and two soft down pillows, or if you're sensitive, a choice of hypo-allergenic pillows and duvets. Leave the curtains open for views of the twinkly Manhattan skyline.

2 The Setai, Miami: With its 700 count sateen cotton treats from Christian Fis-

chbacher of Switzerland, Dux beds with a choice of down, feather or hypo-allergenic handmade pillows. Wake up with the views of the sunrise over the Atlantic.

3 Sofitel Watertower, Chicago: The trademarked SoBed sleep system is actually a Serta mattress topped by a Pacific Coast featherbed and duvet, custom 250 count linen and foam and feather pillows.

4 Hollywood Roosevelt, Los Angeles: After a night at LA's notorious party pad, you can sleep between custom 400 count sateen Sfera linens on a Sealy Palatial Crest Cushion with squishy pillowtop and goose down pillows (hypo-allergenic upon request).

5 The Connaught, London: Sleep on the hotel's own signature Maybourne Deluxe barrel-shaped pocket spring mattress, with a poly-fibre pillow top, own brand 50/50 feather and down pillows and lovely Rivolta Carmignani 300 thread count cotton sheets. Just add private butler and Asprey Purple Water toiletries for absolute luxury.

6 Park Hyatt, Sydney: Lie on an oversized Sealy Hyatt Grand Pillow Top king with 50 percent down and 50 percent feather pillows, snuggling under a cozy down and feather duvet and Australian Royal Collection 300 thread count linens. Wake to a view of the iconic Sydney Opera House and the dazzling harbour. **REUTERS**

Well-curated menus at London's museums

>> Continued from page 15

There are also plenty of more straightforward options, from chicken and rabbit pie to grilled loin of Middle White pork, all to be enjoyed as you watch the Docklands and the City of London using the binoculars that you'll find on your dining table (from about \$27 for two courses, blueprintcafe.co.uk).

For another romantic option, the restaurant at the Wallace Collection is a good bet. The museum based in a historic London town house has a wonderful collection of French 18th century Old Masters, furniture and porcelain featuring cherubs and elegant ladies in billowing satin frocks.

You'll find the brasserie-style restaurant in the grand, glass-covered courtyard at the heart of the building, where you can have a very affordable salad or terrine for lunch, or splash out on oysters and caviar (from \$12, wallacecollection.org).

And if you're looking for something more informal, visit the Upper Deck at London Transport Muse-



At the Blueprint Café, the restaurant at London's Design Museum, you can watch boats cruise down the Thames and under the majestic Tower Bridge.

um in Covent Garden.

After learning how the London Underground was used as a bomb shelter during the Second World War, you can snack on high-quality, typically British bites for lunch including cheese on toast, fish-finger sandwiches with organic ketchup or Cumberland sausage sandwiches, followed by brownies or treacle tart or an Underground-themed smoothie.

Decide to go for dinner in the evening after a hard day of cultural appreciation and you'll be able to chill out on the benches upholstered in a "moquette" fabric design based on the pattern used on the Northern line in the 1930s. Wash down your dinner with an underground-inspired cocktail including the Routemaster, Anorak or Metropolitan Mixture. (from \$5.50, ltmuseum.co.uk).

Visit us at Shaw's Landing

Enjoy some of the best seafood in the Maritimes.
Hours fr 9am-8pm, 7 Days a Week



SHAW'S LANDING • 6958 Prospect Road • West Dover • NS • Tel: 902-823-1843 • www.shawslanding.ca
Four minutes from the Peggy's Cove Lighthouse!



FLIGHT CENTRE® Unbeatable

Airlines

TORONTO
\$49
FROM
+ taxes & fees \$221

New York FROM **\$289**
+ taxes & fees \$113

London FROM **\$299**
+ taxes & fees \$378

Los Angeles FROM **\$439**
+ taxes & fees \$126

Cancun FROM **\$449**
+ taxes & fees \$154

Frankfurt FROM **\$549**
+ taxes & fees \$299

Amsterdam FROM **\$599**
+ taxes & fees \$397

Sydney FROM **\$1299**
+ taxes & fees \$374

Canada on Sale Offer

RECEIVE
\$10

Book any roundtrip Air Canada domestic airfare by July 31st & receive an additional \$10* off.

AIR CANADA

CANADA ON SALE!

Save on domestic airfares, packages, hotels, car rental and rail passes

Canada on Sale Holidays

NIAGARA FALLS ATTRACTIONS

\$199

FROM taxes & fees included

INCLUDES 2 nights 3-star accom just one block from Niagara Falls and Maid of the Mist boat cruise. **SAVE \$10*** when you book Air Canada airfare.

Rocky Mountaineer

Rail Tour

FROM **\$2399**

INCLUDES 7 nights accom traveling from Calgary to Vancouver, some meals, transfers from Calgary to Banff, full day excursion to Columbia Icefield and Ice Explorer ride, Banff to Vancouver rail passage aboard the Rocky Mountaineer (RedLeaf Service), Trolley Tour of Vancouver and full day excursion to Victoria & Butchart Gardens. **OPTION** rail tour also operates in a reverse itinerary. **SAVE \$10*** when you book Air Canada airfare.

Europe Holidays

LONDON
\$897
FROM
+ taxes & fees \$378

INCLUDES roundtrip airfare, transfers and 6 nights 3-star central accom with breakfast daily. **BONUS** essential London half-day excursion included.

Italy Fly & Rail

FROM **\$999**

INCLUDES roundtrip to Rome airfare and 4-day rail pass to explore Italy at your own pace.

Madrid City Break

FROM **\$1012**

INCLUDES roundtrip airfare and 6 nights 3-star central accom with breakfast daily.

Adventure Holidays

Morocco 10 Days

FROM **\$586**

INCLUDES all accom, local transport, some meals, tour leader and local guides on this 10-day small group tour. **HIGHLIGHTS** Marrakech, Aremid, Ouarzazate, Nakhla, Taliouine, Imouzer, Essaouira and a camel ride.

Thailand Island Hopping

FROM **\$749**

INCLUDES all accom, local transport, tour leader and local guides on this 9-day small group tour. **HIGHLIGHTS** Bangkok, Ko Samui, Ko Pha Ngan, Ko Tao, Krabi, Ko Muk & Andaman Sea.

Holidays

LAS VEGAS
4 NIGHTS
\$481
FROM
+ taxes & fees \$200

INCLUDES roundtrip airfare and 4 nights 3-star accom on the Las Vegas Strip.

Toronto 4-Star

FROM **\$299**

INCLUDES roundtrip airfare and 3 nights 4-star accom located in downtown Toronto. **ADD** city hop-on hop-off tour from \$35.

Puerto Plata 4-Star

FROM **\$620**

INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom.

Punta Cana 4-Star

FROM **\$692**

INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom.

Cruise Holiday

Western Caribbean

FROM **\$584**

INCLUDES 7-day Royal Caribbean cruise, onboard meals & entertainment. Sail roundtrip from Port Canaveral and visit Labadee (Bahamas), Ocho Rios, Grand Cayman and Cozumel. Port charges included.

1 866 485 7093 | flightcentre.ca

Conditions apply. Ex: Halifax. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change. *Valid on new bookings only made in-store with Flight Centre on Air Canada roundtrip domestic airfare when purchased by July 31, 2009. †The Perfect Holiday Promise applies to bookings made at Flight Centre shops within Canada. A \$100 voucher for future travel will be provided to customers who experience an unwanted deviation from their paid itinerary. For full details visit www.flightcentre.ca or speak to a Flight Centre consultant.

PERFECT HOLIDAY PROMISE
Enjoy your holiday or we'll give you \$100 towards another one!

Gardener still Desperate

Jesse Metcalfe is returning to Wisteria Lane — he's reportedly signed up to reprise his role as hunky gardener John Rowland on hit TV show *Desperate Housewives*. FEMALEFIRST.CO.UK

17

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

A history of violence

CHRIS ALEXANDER
for Metro Canada

As a new film about the history of violence in Northern Ireland is about to hit theatres across Canada, tension and riots in the region — The Independent has called it the worst violence in a decade — are again making headlines.

Last week, rioters in north Belfast clashed with police in the newest wave of violence, which comes as the film *Fifty Dead Men Walking* is set to open across Canada.

The volatile life of Irish born Martin McGartland is an epic tale of intrigue that begs for big screen treatment.

McGartland was barely out of his teens when he fell in with the IRA and, after

Jim Sturgess plays Martin McGartland in *50 Dead Men Walking*.

witnessing their less than kind methods firsthand, decided instead to become an informer for British intelligence, immersing himself in a dangerous and terrifying double existence that he barely lived to tell about.

But tell he did, and Mc-

Gartland's 1997 autobiography *Fifty Dead Men Walking* has now been turned into a film, written and directed by Canadian filmmaker Kari Skogland (*The Stone Angel*).

The film stars 21's Jim Sturgess as McGartland and Grindhouse's Rose Mc-

Movie feature

Gowan as his long suffering — and oblivious — girlfriend. They're two actors who have been cast against type with surprising results.

"That's why I wanted to do it," says Skogland of her off kilter choices. "I think Jim brings that boyish intensity that I wanted Martin to have for this period in his life and Rose was just fantastic."

Since his cover was blown, the real McGartland has been living in hiding from the IRA since the early '90s.

"He will always be in danger," says the filmmaker, "he'll never be able to emerge. I actually never even met him, we had to only have a conversation on the phone because of how perilous the situation is."

Fifty Dead Men Walking begins screening across Canada on Friday.



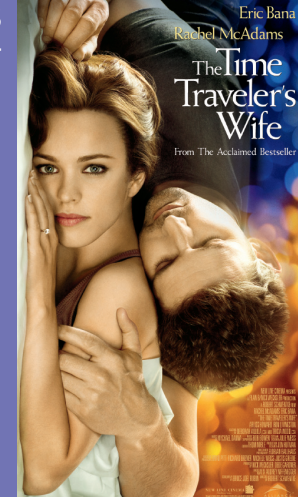
Splitting up

Just two months after hinting they might be getting married, Kim Kardashian and football player Reggie Bush have called it quits, her rep confirms to *People* magazine. METROWORLDNEWS

IN THEATRES
AUGUST 14

YOU COULD

W



A PASS FOR TWO TO SEE AN ADVANCE SCREENING OF THE TIME TRAVELER'S WIFE!

ENTER FOR YOUR CHANCE TO WIN! metronews.ca



No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes August 5, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca

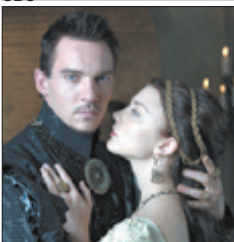


HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/29/09	31	31	31	ABC	News Center 5	ABC Wild News	Inside Edition	Chronicle	Wipeout (HDTV)	Japanese Game Show		Primetime
	7	7	7	ASN	The Road to Avonlea		Instant Star	TMZ (N)	America's Got Talent (N)			Monk
	11	11	11	CBC	Coronation St.	Jeopardy!	Dragon's Den (HDTV)	The Tudors (DVS)	CBC News: The National	Bons baisers de France (SC)		The Hour
	2	2	2	CBC-F	Dre Grey, leçons d'anatomie	Des squelettes	The Insider (N)	L'Epicurien (N)	La Petite Séduction (N) (SC)			Le Téléjournal
	32	32	32	CBS	WBZ News (N)	Evening News	The Insider (N)	Entertainment	Old Christine	Criminal Minds (HDTV)		CSI: NY
	69	69	69	CFTM	TVA 18 heures	Sûreté-salé	Les Gags	Histoires-filles	Los Angeles de la rénovation			TVA 22 heures
	6	6	6	CHIF	Entertainment	ET Canada	The Philanthropist (N)	Wipeout (HDTV)	So You Think You Can Dance Top six (N)			News Final (N)
	9	9	9	CJCH	Corner Gas	Hollywood	CSI: NY (HDTV)	Doc Talk	EastLink Television			
	10	10	10	ELTV	Incl. Revolution	Build It	Fuelin' Around	Au Natural	So You Think You Can Dance Top six (N)			
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	America's Got Talent (N)			Fox First
news	12	12	12	NBC	News (N)	NBC News	Extra (N)	Extra (N)	CBC News: The National	Ascent of Money (DVS)		Philanthropist
	29	29	29	NW	World News	Business	CBC News	Fortune	The Hour: Tim Robbins	Ascent of Money (DVS)		Geo. Journey
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Time Team America (N)	Ascent of Money (DVS)			Wide Angle (N)
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Time Team America (N)	Ascent of Money (DVS)			Tueur
	68	68	68	TQS	Rire et délire	Chemin du golf	La Guerre des	10 façons	Entourage	Californication		Market Call
	23	23	23	BNN	Business News	Headline	Market Call	Commodities	Workopolis TV	Business News		Cooper 360
	18	18	18	CNN	Situation Room- Wolf Blitzer	Lou Dobbs Tonight		Campbell Brown (N)	Larry King Live (N)			PGA Champ.
	54	54	54	GOLF	Golf Central	Top 10	The Golf Fix	Lessons	19th Hole	Golf		Sportsnet Con.
	52	52	52	RSE	MLB Baseball: Blue Jays at Mariners		Sportsnet Con.	UFC: Access	MMA Conn	Best Damn Sports Show		Soccer
	55	55	55	SCOR	(6) HSR	RaceNight						
sports	45	45	45	SPD	Unifone Whips	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pass Time (N)	Pass Time (N)	Wrecked
	53	53	53	TSN	Off the Record	SportsCentre	2008 World Series of Poker Main event, from Las Vegas.	Extra (N)	6TEEN "2-4-1"	Wizards-Place	American Dad	Robot Chicken
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Futurama	Comfy Couch
	44	44	44	TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	Malcolm-Mid.	Franklin	Little Bear	Bucket-Dinos
	26	26	26	TREE	Ni Hao, Kai-Lan	Big & Small	Backyardigans	Night Grdn	Max & Ruby	Survive This	Adrenaline Proj	Falcon Beach
	27	27	27	TV	iCarly	In Real Life "Dirty Jobs"	CSI: Miami "Addiction"	Canadian Geographic	Reel Insights	Troubled youth.	Reel Insights	Bounty Hunter
	16	16	16	A&E	Cold Case Files							Miyawaywin
	70	70	70	APTN	APTN National News (N)							The Game
	50	50	50	BET	106 & Park: BET's Top 10 Live (Live)							On Screen
	37	37	37	BRVO	Wind at My Back	The Achievers	Bravo/Videos	Arts & Minds	O'Reagan File	Wingfield	Wingfield	Hope & Faith
family	25	25	25	CMY	Hottest Women of Country	Project Dad	Project Dad	Home Improve.	Home Improve.	Reba	Reba	Police Videos
	49	49	49	COM	Laughs	Comedy Now	Air Force	22 Minutes	Corner Gas	The Simpsons	South Park	John Dore Show
	153	153	153	COURT	Struggle for Justice	World's Wildest Police Videos	World's Wildest Police Videos	Cops Uncut	Dumb Criminal	Declassified	Deadliest Catch	Mayday
	38	38	38	DISC	Qubit (N)	Qubit (N)	Daily Planet	Mighty Ships "MV Resolution"	Big City Broker	The Stagers	Property Virgin	House Hunters
	34	34	34	HGTV	Holmes-Homes	Holmes-Homes	NCIS "Blowback"		Cities of the Underworld	Ice Road Truckers	Making His Band	NCIS
	46	46	46	HIST	Mob Stories							
	17	17	17	MM	Making His Band (Series Premiere)	(N)	TBA	Degrassi: TNG	Instant Star	Rank!	Celebrity Rehab With Dr. Drew	Entourage
	19	19	19	MMM	mmtop10.ca	The Daily Fix						
	201	201	201	M1	What Just Happened?	(8:10) Almost Heaven (2006, Romance-Comedy)						
	48	48	48	OLN	Mantracker	Ghost Hunters	Family Guy	Family Guy	The Alamo ★ (2004, War)	Dennis Quaid, Jason Patric.	Midnight Express (1978, Docudrama)	Le Téléjournal (SC)
cable variety	51	51	51	PEACH	Seinfeld	Friends	Family Guy	Family Guy	The Alamo ★ (2004, War)	Dennis Quaid, Jason Patric.	Midnight Express (1978, Docudrama)	RDI en direct
	206	206	206	PIX	(6:20) Two Solitudes (1978, Drama)							
	67	67	67	RDI	RDI en direct	RDI en direct	24 Hours en 60 minutes	Grands reportages (SC)	The Guard (HDTV)	Abducted	End of Leash	End of Leash
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits		Star Trek: Voyager	End of Leash	End of Leash	Stormworld (N)
	40	40	40	SLICE	Chic Couples	Skin Deep	Skin Deep	Til Debt-Part	End of Leash	End of Leash	End of Leash	End of Leash
	47	47	47	SPACE	Stargate SG-1 (DVS)	Stargate Atlantis	Stargate Atlantis	Star Trek: Voyager	End of Leash	End of Leash	End of Leash	End of Leash
	14	14	14	SPIKE	CSI: Crime Scene Investgtn.	CSI: Crime Scene Investgtn.	CSI: Crime Scene Investgtn.	UFC Unleashed	UFC Fight Night			
	97	97	97	STAR	Living the Life	Hollywood	The Ellen DeGeneres Show	TMZ (N)	Hollywood	Canada's Next Top Model	Tonight Show	Tonight Show
	21	21	21	TLC	What Not to Wear	Say Yes-Dress	Cake Boss	The Tiniest Toddlers	I Didn't Know	I Didn't Know	Toddler-Tiara	Family Guy
	56	56	56	34	TROP	North of 60	The Crow: Stairway to Heaven	What Happen?	What Happen?	Seinfeld	Raymond	Tout ça
cable variety	20	20	20	TV5	Que.-champion	Journal de Fr2	La Vie est un cirque		Epouse-moi (2000, Drama)	Michèle Larocque.	Raison...autre	Recreat. Eden
	28	28	28	V	MythQuest		Murder, She Wrote	Keeping Up	Foot in Grave	Doc Martin	The Closer	Mediums
	60	60	60	97	VIVA	Da Vinci's Inquest	Judging Amy	Medium	Love It or List It	Love It or List It	Don't Cry Now	WGN News
	22	22	22	W	Style by Jury	Style by Jury	Style by Jury	Friends	Grocery Bag	Grocery Bag	America's Next Top Model	America's Next Top Model
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	America's Next Top Model	America's Next Top Model	America's Next Top Model	America's Next Top Model

critics' corner

The Tudors

It's Christmastime, and with Katherine (Maria Doyle Kennedy) out of the picture, Anne Boleyn (Natalie Dormer) has a gift for Henry (Jonathan Rhys Meyers). She wants to consummate their relationship, but Henry's pal Charles (Henry Cavill) has some dirt on the lady. On the political front, the king strips England's Catholic Church of its authority ... and its tax revenue. 9 PM on CBC



The Philanthropist

Teddy and Dax (James Purefoy, Michael Kenneth Williams) search for an identity thief when charitable donations are fraudulently charged to Teddy's credit card, following a trail of receipts through ritzy hotels, strip clubs and tattoo parlors. Philip and Olivia (Jesse L. Martin, Neve Campbell) make a devastating discovery concerning the fiscal health of the foundation in the new episode "San Diego." 8 PM on CHIF, 11 PM on NBC

In Plain Sight

This time it's personal. In this new episode, Mary's (Mary McCormack) old nemesis, FBI agent Robert O'Connor (Will McCormack), arrests Brandi (Nichole Hiltz) on drug trafficking, kidnapping and murder charges. Yes, Brandi did get mixed up with a drug dealer a few months back, but the feds shouldn't have anything on her now. 10:02 PM on CHIF

101.3 THE BOUNCE
Interactive
NINE@9

For July 28th

Cobra Starship - Good Girls Go Bad

Sean Kingston - Fire Bumin'

Pitbull - Hotel Room Service

Marianas Trench - All To Myself

Justin Bieber - One Time

Drake - Best I Ever Had

Lola - High Heels

Stereos - Summer Girl

Black Eyed Peas - I Gotta Feeling

WE WANT YOU!
You could guest host the Interactive NINE@9 with Special Ed.
Email: special@1013thebounce.com

1013 THEBOUNCE.com

Ugly Betty star Ashley Jensen, 38, and her husband, actor Terence Beesley, are expecting their first child in the fall, a rep for the actress confirmed exclusively to People. **METRO NEWS SERVICES**

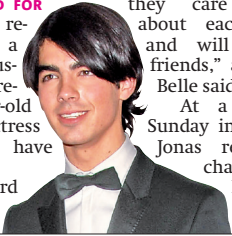
Celebrity Buzz

Attention tweens: Joe is single again

BAD FOR HIM, GOOD FOR THEM

Teen girls, rejoice: Joe Jonas is a single man, us-magazine.com reports. The 19-year-old singer and actress Camilla Belle, 22, have called it quits.

"There is no third party involved and



they care deeply about each other and will remain friends," a rep for Belle said.

At a concert Sunday in Detroit, Jonas reportedly changed the line "Get a rep for

breakin' hearts, now I'm done with superstars" to "Get a rep for breakin' hearts, now I'm done with movie stars."

The two met last year on the set of music video Lovebug. Jonas split with Taylor Swift soon after meeting Belle.

METRO NEWS SERVICES

Still Scientologist, John says

DENIAL John Travolta has denied he has abandoned Scientology, femalefirst.co.uk reports. The 55-year-old actor was rumoured to have grown disenchanted with Scientology after the death of his son Jett in January.

But his representative Paul Bloch claims the star's faith is as strong as ever. Bloch told People magazine: "There's no change in the relationship between the Church of Scientology and John. He is a member and it's as it was,

now and forever."

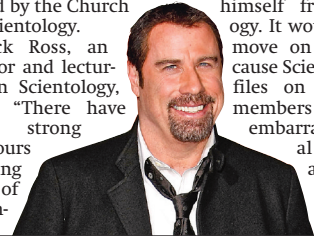
Jett was 16 years old when he died after suffering a seizure in the family's Bahamian holiday home. He was autistic, a condition not recognized by the Church of Scientology.

Rick Ross, an author and lecturer on Scientology, said: "There have been strong rumours coming out of Scientology."

tology that John Travolta is disappointed the religion was not able to help his son more.

"I think it would be very difficult for John Travolta at this stage to extricate himself from Scientology. It would be a huge move on his part because Scientology keeps files on its celebrity members containing embarrassing personal information about them."

METRO NEWS SERVICES



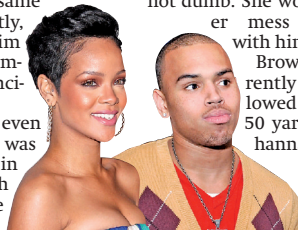
Ri and Chris have run-in? Nude life with the Radcliffe family

HAIRY SITUATION Rihanna and Chris Brown ended up at the same New York hotel at the same time recently, but both claim it was a complete coincidence.

"Ri didn't even know Chris was going to be in town, much less that he

was in the same hotel," a source close to Rihanna told Gatecrasher. "She's not dumb. She would never mess around with him again." Brown is currently not allowed within 50 yards of Rihanna.

REVEALING Actor Daniel Radcliffe doesn't mind stripping down for his audience. "I grew up always walking around naked," he told gay magazine Attitude. "I've seen my mom naked, seen my dad naked ... It's never been a particularly big deal." **METRO WORLD NEWS**



METRO WORLD NEWS



GITTY IMAGES

SEXTON PHOENIX **TITUS** **LUMBERJACK JOHNSON**

UCW CHAMPION

Thursday, July 30, Sackville Arena
Friday, July 31, Spryfield Lions Arena

Doors open at 7pm, Bell Time is 7:30

Admission \$10 (\$7 for kids 12 & under)

SPIDER-MAN **GARY WILLIAMS**

HOURS OF ACTION PACKED MATCHES FEATURING ATLANTIC CANADA'S BEST PROFESSIONAL WRESTLING

SUNDAY, AUGUST 2, 2009

MACPASS Miles

PRESENTED BY **heart center** **aerobics first**

PHOTO BY RALPH SAULNIER

SUPPORTED BY **Halifax Running Club**

FREE ONLINE REGISTRATION
www.MACPASSMILES.com
CUT OFF DATE: FRIDAY, JULY 31 - 12:00 NOON
CHECK WEBSITE FOR SCHEDULING AND UPDATES

101.5 BOUNCE **TD Canada Trust** **Holiday Inn** **MACPASS** **metro** **TD Commercial Banking** **SOJOURN SIGNS** **aim high** **BUCKLAND & TAYLOR** **RAMPAGE** **NOVA SCOTIA** **Youth Running Series** **Our Limit - Your Imagination** **ADVOCATE ART** **DEAL'S GRAPHIC DESIGN**

MACPASS Miles **Run the Dartmouth Double** **DARTMOUTH NATAL DAY ROAD RACES**

SUNDAY, AUGUST 2nd **MONDAY, AUGUST 3rd**

DOWNTOWN HALIFAX **MetroTransit** **metro**

Fred

www.DOWNTOWNHALIFAX.ca

FREE RIDES EVERYWHERE DOWNTOWN BUS SCHEDULE

July 4 to October 23
Every 40 minutes everyday from 10:30am to 5:00pm

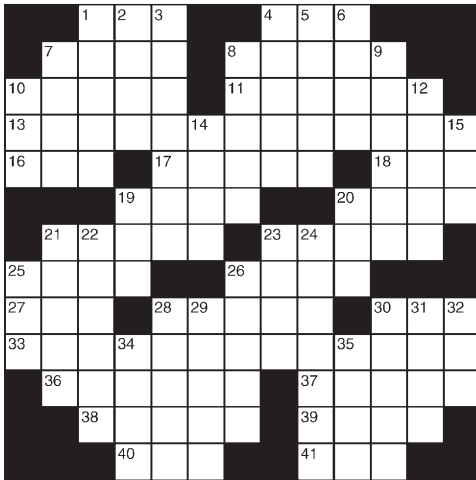
STOPS	TIME INTERVALS
<ul style="list-style-type: none"> Pier 21 Alexander Keith's Nova Scotia Brewery Maritime Museum of the Atlantic Ferry Boat Lane Marriott Halifax Harbourfront Casino Nova Scotia Barrington Street Halifax Citadel National Historic Site Spring Garden Road Via Rail Pier 21 	<p>on the: 30/:10/:50</p> <p>on the: 38/:18/:58</p> <p>on the: 48/:28/:08</p> <p>on the: 30/:10/:50</p>

For more information please call 490-4000 or 423-6658.

spring garden **ALEXANDER KEITH'S** **MARITIME MUSEUM of the ATLANTIC** **PIER 21** **Let's Play Anything KOOL** **CASINO NOVA SCOTIA** **CCTV** **MARITIME MUSEUM** **Marriott HALIFAX HARBOURFRONT**



For more delicious Metro recipes, visit: metronews.ca/food



ACROSS

- 1 Shell-game need
- 4 Whale group
- 7 Family
- 8 Less believable, as an excuse
- 10 With eyes wide open
- 11 Islands near Portugal
- 13 Government official
- 16 Links prop
- 17 Search
- 18 Cattle call?
- 19 Perry Mason portrayer
- 20 Ponce de —
- 21 Enticed
- 23 Clever
- 25 Spanish appetizer
- 26 De-bag the cat?
- 27 Perch
- 28 Baby's ailment
- 30 Commotion
- 33 Tina Turner hit
- 36 Injure
- 37 Doha's country

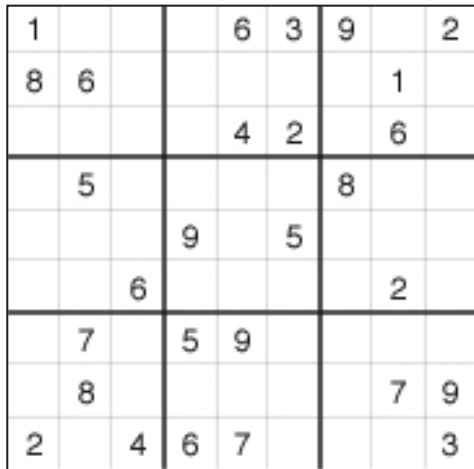
DOWN

- 1 West Point freshman
- 2 "My Name Is —"
- 3 It's nothing new
- 4 Stares
- 5 Lifeless, old-style
- 6 TV mogul Griffin
- 7 Fingerprint, often
- 8 "Star Wars" weapon
- 9 Hole-shaping tool
- 10 Suitable
- 12 Beezer
- 14 It gets in the whey
- 15 Heavy weight
- 19 Underwear with underwire
- 20 Science work-
- shop
- 21 Dens
- 22 Increase
- 23 Lost traction
- 24 Rhesus monkey
- 25 1/6 fl. oz.
- 26 Run, as colours
- 28 Supply the food
- 29 Different
- 30 Thespian
- 31 Campus bigwig
- 32 Bobby of hockey
- 34 Barn-roof attachment
- 35 Scruff

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



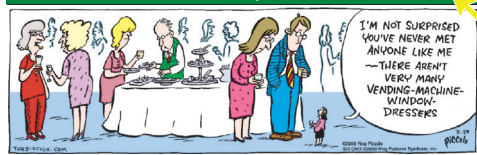
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

T	B	S	P	U	T	E	S	I	G	H
R	E	A	R	N	R	A	U	L	N	A
A	L	G	A	W	O	R	D	P	L	A
P	L	A	I	B	O	Y	R	E	S	T
E	O	N	M	A	R					
R	E	T	R	O	B	O	Y	B	A	N
O	R	E	D	I	P	N	E	O		
B	A	N	D	B	O	X	F	A	I	T
A	L	E								
U	L	T	R	A	B	O	X	S	E	A
S	E	A	T	B	E	L	T	O	L	I
P	A	L	E							
S	P	E	D							

2	3	6	4	1	5	7	9	8
7	8	1	2	9	3	5	6	4
5	9	4	6	8	7	2	1	3
6	4	5	8	2	1	9	3	7
8	2	9	3	7	6	4	5	1
3	1	7	5	4	9	8	2	6
4	6	8	9	3	2	1	7	5
9	7	3	1	5	4	6	8	2
1	5	2	7	6	8	3	4	9

On the web

Find more games to play + more cartoons by the Six Chix at metronews.ca



Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20
Cosmic activity in your fellow Fire sign of Leo means you not only have enough energy to get things done for yourself but for other people as well.

LIBRA
SEPT 23-OCT 23
It seems that someone in a position of power is beginning to recognize that you are more than just another pretty face.

TAURUS
APRIL 21-MAY 21
It may seem as if the odds are stacked against you but really they're not — it's just an illusion brought about by too narrow a focus.

SCORPIO
OCT 24-NOV 22
You may be ambitious by nature but you need to be ambitious about something that is genuinely worthy of your time and your energy.

GEMINI
MAY 22-JUNE 21
You're not much in the mood for serious things at the moment, and that's just as well because there will be no end of opportunities for fun.

SAGITTARIUS
NOV 22-DEC 21
You like to be noticed but don't get carried away or you might be noticed for something that has a harmful effect on your career or reputation.

CANCER
JUNE 22-JULY 22
Aim to balance your pursuit of financial stability with something of an intellectual, emotional or even a spiritual nature.

CAPRICORN
DEC 22-JAN 20
The Sun's transit of the wealth sector of your chart means it will pay you in the long-term to be a little less independent in the short-term.

LEO
JULY 23-AUG 23
Set your sights high today, and for the remainder of the week, but not so high that you risk failure or exhaustion, or both.

AQUARIUS
JAN 21-FEB 18
You may be under pressure at the moment but it will bring out the best in you. You could make things easier for yourself by not taking life so seriously.

VIRGO
AUG 24-SEPT 22
Keep what you have discovered about a friend or family member to yourself today, especially if it is the kind of knowledge that could cause trouble.

PISCES
FEB 19-MARCH 20
You may have deadlines to meet and tasks to complete but make time for other things too.

FLIGHT CENTRE *Unbeatable*

TORONTO 4-STAR

\$299

FROM + taxes & fees \$221

INCLUDES roundtrip airfare and 3 nights 4-star accom located in downtown Toronto. ADD city hop-on hop-off tour from \$35.

1 866 967 5402 | flightcentre.ca

Conditions apply. Ex: Halifax. Package price is per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements, and are approximate and subject to change.

This day in history

JULY 29, 1739: John Graves Simcoe decides to build a fort and settlement at Toronto, having sailed into the bay there.

JULY 29, 1899: The First Hague Convention is signed.

JULY 29, 1901: The Socialist Party of America founded.

JULY 29, 1921: Adolf Hitler becomes leader of the National Socialist German Workers Party.

JULY 29, 1948: Olympic Games: The Games of the XIV Olympiad — after a hiatus of 12 years caused by World War II, the first Summer Olympics to be held since the 1936 Summer Olympics in Berlin opened in London.

METRO NEWS SERVICES

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Bizarre curtain holder (1)
2. Give a salary to TV's Rachael (1)
3. "Tall" yarn about a small game bird (1)
4. Actor Harrison's former wives (2)
5. Gob's personal torments or evils (2)
6. Wimbledon game threat (2)
7. Gas or electric company uselessness (4)

ANSWERS: 1. FART CAT 2. PAY RAY 3. QUART TALE 4. BEES EXES 5. SEAMANS DEMONS 6. TENNIS MENACE 7. UTILITY FUTILITY

7-29-09

Prices are Taking a Dive!

Splash into summer with incredible markdowns on our most popular pre-owned cars, trucks, vans and SUVs! It's the hottest sales event of the season, so don't miss out!

08 DODGE CHARGER DEMON

PW,PDL,CR,TLT,PSEAT,3.5LV6,SPOILERS,ALLOYS,HEATED LTH SEATS
A/C,CD,DEMONDECALS, FOG LIGHTS,DVD PLAYER, LOW KMS

\$23,777

CL296097



09 HYUNDAI SONATA

A/C,PW,PL,SUNROOF,FOG LIGHTS,
KEYLESS ENTRY,ALLOYS, LOW KMS

\$19,777

CH472311



06 FORD RANGER SPORT 4X4

A/C,CLUB CAB,FOG LIGHTS,
ALLOYS, LOW KMS

\$15,777

CHA74350



08 DODGE CALIBER SXT

PW,PDL,CR,TLT,A/C,ALLOYS,
FOGLIGHTS,LOW KMS

\$13,777

CL764350



WEDNESDAY-SATURDAY JULY 29TH- AUGUST 1ST

06 JEEP TJ RUBICON

6 MANUAL,AC,FOG LIGHTS,
ALLOYS,LOW KMS

\$24,777

CM709050



09 DODGE GRAND CARAVAN SE

AC,PW,KEYLESS,LEATHER INT,
FOG LIGHTS, ALLOYS,LOW KMS

\$24,777



09 CHRYSLER SEBRING TOURING

PW,PDL,CR,TLT,
V6,AUTO,A/C,LOW KMS

\$18,777

09 DODGE AVENGER

PW,PDL,CR,TLT,
V6,AUTO,A/C,LOW KMS

\$17,777

06 CHRYSLER 300C AWD

LTH,SUNROOF,HEMI,AUTO,
A/C,LOADED,LOW KMS

\$19,777

05 CHRYSLER 300C

LTH,SUNROOF,HEMI,AUTO,
A/C,LOADED,LOW KMS

\$16,777

09 CHRYSLER 300 LIMITED

LOADED, LEATHER,SUNROOF
FOG LIGHTS,ALLOYS,LOW KMS

\$26,777

06 DODGE CARAVAN

A/C,PW,PLW,KEYLESS
DVD,LOW KMS

\$11,777

08 RAM 1500 SXT

A/C,PW,PLW,KEYLESS
SATELLITE RADIO, LOW KMS

\$26,777

08 CHRYSLER PT CRUISER

PW,PL,LEATHER,
KEYLESS,ALLOYS, LOW KMS

\$14,777

09 DODGE CHARGER SE

AC,PW,PL,PS,KEYLESS
ALLOYS,LOW KMS

\$21,777

09 JEEP GRAND CHEROKEE

PW,PL,PS,KEYLESS,
ALLOYS,LOW KMS

\$29,777

05 PONTIAC SUNFIRE

AUTO,A/C,SUNROOF, ALLOYS,
FOG LIGHTS,LOW KMS

\$8,777

06 DODGE RAM 1500 SLT

PW,PDL,CR,TLT,AUTO,
A/C,4X4 HEMI,LOW KMS

\$21,777

09 JEEP LIBERTY SPORT

LOADED, HEATED LTH SEATS,
AUTO, DVD ALL-TERRAIN-TIRES
A/C,4X4,LOW KMS

\$27,777

06 JEEP GR CHEROKEE LAREDO

PW,PL,PS,FOG LIGHTS,
ALLOYS,LOW KMS

\$21,777

05 JEEP LIBERTY RENEGADE

PW,PL,ALLOYS,SUNROOF,
LOW KMS

\$16,777

09 DODGE JOURNEY SXT

AC,PW,PL,PS,KEYLESS
ALLOYS,U-CONNECT,LOW KMS

\$23,777

08 DODGE CALIBER SRT-4

PW,PL,SUNROOF,KEYLESS ENTRY,
SPOILER,U-CONNECT,ALLOYS, LOW KMS

\$25,777

IW635198



06 FORD F150 XTR 4X4

A/C,PW,PL,QUAD CAB,KEYLESS
FOG LIGHTS, ALLOYS, LOW KMS

\$24,777

CHB17586



07 HYUNDAI ACCENT

AC,PW,PL,KEYLESS,LOW KMS

\$10,777

MM117233



8 FORD EXPLORER XLT

LOADED, KEYLESS,FOG LIGHTS,ALLOYS,
SATELLITE RADIO, LOW KMS

\$23,777

ENA83073



469-9050
WWW.DDODGE.COM

*Price Plus Tax And Fees. See Dealer For Details.
Some vehicles not exactly as shown. + Payments are 84 month term, OAC.